

403a

Pursuant to section 403(1) of the Companies Act 1985

For official use Company number

111

5788201

Name of company

* London & Regional (Health Clubs) Limited

I, RICHARD NIGER BRYLE LUCK
of 4 HERSCHEZ GRANGE, WARFIELD, RG42 6AT

[a director] ~~the secretary~~ ~~the administrator~~ ~~the administrative receiver~~ † of the above company, do

paid or satisfied in (full) ~~06/30/11~~ t

Date and Description of charge †	Mortgage of shares dated 16 May 2006

Date of Registration § 31 May 2006

Name and address of [chargee] XXXXXXXXXXXXXXXXXXXXXXXXXX

Deutsche Bank AG (London Branch), Winchester House, 1 Great Winchester
Street, London, EC2N 2BD

Short particulars of property charged as

By way of first legal mortgage all the shares and a first fixed charge over all related rights

And I make this solemn declaration conscientiously believing the same to be true and by virtue of the provisions of the Statutory Declarations Act 1835.

Declared at LOS ANGELES
CANDOR WITH 104

Declarant to sign below

Day Month Year

on 09032007

before me *Edward G. ...*

~~A Commissioner for Oaths or Notary Public or Justice of the Peace or Solicitor having the powers conferred on a Commissioner for Oaths~~ *FRANCO CARLINO*

Presentor's name, address and
reference (if any):

Herbert Smith LLP
Exchange House
Primrose Street
London
EC2A 2HS

For official use
Mortgage section

WEDNESDAY



LAFLEO1Y

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21/03/2007

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COMPANIES HOUSE

Notes

The address for companies registered in England and Wales or Wales is:-

The Registrar of Companies
Companies House
Crown Way
Cardiff
CF14 3UZ