

LONDON & REGIONAL (HEALTH CLUBS) LIMITED
("the Company")

COMPANY NUMBER: 5788201

THE COMPANIES ACTS 1985-1989

We, the undersigned, being the member for the time being of the Company entitled to receive notice of and to attend and vote at General Meetings hereby pass the following Resolutions as Elective Resolutions and agree that the said Resolutions shall, pursuant to section 381A of the Companies Act 1985 as amended by the Companies Act 1989, for all purposes be as valid and effective as if the same had been passed at a General Meeting of the Company duly convened and held: -

Elective Resolutions

1. THAT pursuant to Section 252 of the Companies Act 1985 the Company hereby elects to dispense with the laying of accounts and reports before the Company in General Meeting;
2. THAT pursuant to Section 366A of the Companies Act 1985 the Company hereby elects to dispense with the holding of Annual General Meetings; and
3. THAT pursuant to Section 386 of the Companies Act 1985 the Company hereby elects to dispense with the obligation to appoint Auditors annually.



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Director -
For and on behalf of
London & Regional Investment
Holdings Limited



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Director / Secretary
For and on behalf of
London & Regional Investment
Holdings Limited

Dated: 20 April 2006



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