

"Companies House Copy"

Food 4 You (South West) Limited

**Unaudited Abbreviated Accounts
Year Ended 30 September 2014**

Company Registration Number: 05770740

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COMPANIES HOUSE

Food 4 You (South West) Limited

Abbreviated Balance Sheet

30 September 2014

	Note	2014 £	2013 £
Fixed assets			
Tangible fixed assets	2	<u>23,914</u>	<u>28,618</u>
Current assets			
Stocks		6,745	7,050
Debtors		24,974	32,046
Cash at bank and in hand		<u>46,392</u>	<u>40,838</u>
		78,111	79,934
Creditors: Amounts falling due within one year		<u>(48,016)</u>	<u>(62,977)</u>
Net current assets		<u>30,095</u>	<u>16,957</u>
Total assets less current liabilities		54,009	45,575
Creditors: Amounts falling due after more than one year		-	(1,913)
Provisions for liabilities		<u>(4,077)</u>	<u>(5,195)</u>
Net assets		<u>49,932</u>	<u>38,467</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		<u>49,832</u>	<u>38,367</u>
Shareholders' funds		<u>49,932</u>	<u>38,467</u>

Food 4 You (South West) Limited

Abbreviated Balance Sheet

30 September 2014

..... continued

For the year ending 30 September 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

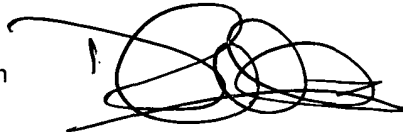
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime .

Approved by the director on 29 May 2015

Ms D Griffin
Director



Company Registration Number: 05770740

Food 4 You (South West) Limited

Notes to the Abbreviated Accounts

Year Ended 30 September 2014

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008).

Turnover

Turnover represents amounts chargeable, net of value added tax, in respect of the sale of goods and services to customers.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Motor vehicles	20% reducing balance
Equipment	25% reducing balance

Stock

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs.

Deferred tax

Deferred tax is recognised, without discounting, in respect of all timing differences between the treatment of certain items for taxation and accounting purposes, which have arisen but not reversed by the balance sheet date, except as required by the FRSSE.

Deferred tax is measured at the rates that are expected to apply in the periods when the timing differences are expected to reverse, based on the tax rates and law enacted at the balance sheet date.

Hire purchase and leasing

Rentals payable under operating leases are charged in the profit and loss account on a straight line basis over the lease term.

Food 4 You (South West) Limited

Notes to the Abbreviated Accounts

Year Ended 30 September 2014

..... continued

2 Fixed assets

	Tangible assets £	Total £
Cost		
At 1 October 2013	75,035	75,035
Additions	<u>1,660</u>	<u>1,660</u>
At 30 September 2014	<u>76,695</u>	<u>76,695</u>
Depreciation		
At 1 October 2013	46,417	46,417
Charge for the year	<u>6,364</u>	<u>6,364</u>
At 30 September 2014	<u>52,781</u>	<u>52,781</u>
Net book value		
At 30 September 2014	<u>23,914</u>	<u>23,914</u>
At 30 September 2013	<u>28,618</u>	<u>28,618</u>

3 Share capital

Allotted, called up and fully paid shares

	2014		2013	
	No.	£	No.	£
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>