

Companies House  
Copy.

**Food 4 You (South West) Limited**

**Abbreviated Annual Report  
Year Ended 30 September 2013**

**Company Registration Number 05770740**

TUESDAY



\*A37SNZZ7\*

A32

13/05/2014

#109

COMPANIES HOUSE

# **Food 4 You (South West) Limited**

Abbreviated Accounts

Year Ended 30 September 2013

## **Contents**

## **Page**

Abbreviated Balance Sheet

**1**

Notes to the Abbreviated Accounts

**3**

# Food 4 You (South West) Limited

## Abbreviated Balance Sheet

30 September 2013

	Note	2013 £	2012 (restated) £
<b>Fixed Assets</b>	2		
Tangible assets		<u>28,617</u>	<u>28,837</u>
<b>Current Assets</b>			
Stocks		7,050	6,313
Debtors		32,046	30,807
Cash at bank and in hand		<u>40,838</u>	<u>22,928</u>
		79,934	60,048
<b>Creditors Amounts falling due within one year</b>		<u>62,976</u>	<u>44,509</u>
<b>Net Current Assets</b>		<u>16,958</u>	<u>15,539</u>
<b>Total Assets Less Current Liabilities</b>		<u>45,575</u>	<u>44,376</u>
<b>Creditors Amounts falling due after more than one year</b>		1,913	5,739
<b>Provisions for Liabilities</b>		<u>5,195</u>	<u>4,567</u>
		<u>38,467</u>	<u>34,070</u>
<b>Capital and Reserves</b>			
Called-up equity share capital	4	100	100
Profit and loss account		<u>38,367</u>	<u>33,970</u>
<b>Shareholders' Funds</b>		<u>38,467</u>	<u>34,070</u>

The Balance sheet continues on the following page  
The notes on pages 3 to 4 form part of these abbreviated accounts

# Food 4 You (South West) Limited

## Abbreviated Balance Sheet *(continued)*

30 September 2013

For the year ended 30 September 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

### Director's responsibilities

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476, and
- The director acknowledges her responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime

These abbreviated accounts were approved and signed by the director and authorised for issue on 11 April 2014



Ms D Griffin

Company Registration Number 05770740

**The notes on pages 3 to 4 form part of these abbreviated accounts.**

# Food 4 You (South West) Limited

## Notes to the Abbreviated Accounts

Year Ended 30 September 2013

### 1 Accounting Policies

#### (a) Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

#### (b) Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax

#### (c) Fixed assets

All fixed assets are initially recorded at cost

#### (d) Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Motor Vehicles	- 20% Reducing Balance
Equipment	- 25% Reducing Balance

#### (e) Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

#### (f) Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease

#### (g) Deferred taxation

Deferred tax is recognised, without discounting, in respect of all timing differences between the treatment of certain items for taxation and accounting purposes which have arisen but not reversed by the balance sheet date, except as required by the FRSSE

#### (h) Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities

#### (i) Prior year restatement

During the year ended 30 September 2013, the director identified a material misstatement in the prior year's financial statements in respect of wages and salaries accounting entries. This error has been corrected and therefore the prior year comparatives in these financial statements are shown as 'restated'. The effect of this restatement is to increase direct wages, as shown under cost of sales, and decrease wages and salaries, as shown under administrative expenses, by £16,882. The net profit effect of this restatement is £nil.

# Food 4 You (South West) Limited

## Notes to the Abbreviated Accounts

Year Ended 30 September 2013

### 2 Fixed Assets

	Tangible Assets £
<b>Cost</b>	
At 1 October 2012	71,908
Additions	10,975
Disposals	(7,849)
<b>At 30 September 2013</b>	<b><u>75,034</u></b>
<b>Depreciation</b>	
At 1 October 2012	43,071
Charge for year	7,981
On disposals	(4,635)
<b>At 30 September 2013</b>	<b><u>46,417</u></b>
<b>Net Book Value</b>	
<b>At 30 September 2013</b>	<b><u>28,617</u></b>
At 30 September 2012	<u>28,837</u>

### 3 Related Party Transactions

The company was under the control of the director, Ms D Griffin, throughout the current and previous year

### 4. Share Capital

Allotted, called up and fully paid

	2013		2012 (restated)	
	No	£	No	£
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>