Food 4 You (South West) Limited

Unaudited Abbreviated Accounts
Year Ended 30 September 2015

Company Registration Number: 05770740

Food 4 You (South West) Limited
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Food 4 You (South West) Limited
Abbreviated Balance Sheet
30 September 2015

	Note	2015 £	2014 £
Fixed assets			
Tangible fixed assets	2	31,669	23,914
Current assets			
Stocks		8,726	6,745
Debtors		35,178	24,974
Cash at bank and in hand		43,202	46,392
		87,106	78,111
Creditors: Amounts falling due within one year		(58,060)	(48,016)
Net current assets		29,046	30,095
Total assets less current liabilities		60,715	54,009
Provisions for liabilities		(5,486)	(4,077)
Net assets		55,229	49,932
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		55,129	49,832
Shareholders' funds		55,229	49,932

The notes on pages 3 to 4 form an integral part of these financial statements.

Food 4 You (South West) Limited
Abbreviated Balance Sheet
30 September 2015 .... *continued*

For the year ending 30 September 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime .

Approved by the director on 20 June 2016

Ms D Griffin
Director

Company Registration Number: 05770740

The notes on pages 3 to 4 form an integral part of these financial statements.

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008).

Turnover

Turnover represents amounts chargeable, net of value added tax, in respect of the sale of goods and services to customers.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Motor vehicles	20% reducing balance
Equipment	25% reducing balance

Stock

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs.

Deferred tax

Deferred tax is recognised, without discounting, in respect of all timing differences between the treatment of certain items for taxation and accounting purposes, which have arisen but not reversed by the balance sheet date, except as required by the FRSSE. Deferred tax is measured at the rates that are expected to apply in the periods when the timing differences are expected to reverse, based on the tax rates and law enacted at the balance sheet date.

Hire purchase and leasing

Rentals payable under operating leases are charged in the profit and loss account on a straight line basis over the lease term.

2 Fixed assets

	Tangible assets £	Total £
Cost		
At 1 October 2014	76,695	76,695
Additions	13,185	13,185
At 30 September 2015	89,880	89,880
Depreciation		
At 1 October 2014	52,781	52,781
Charge for the year	5,430	5,430
At 30 September 2015	58,211	58,211
Net book value		
At 30 September 2015	31,669	31,669
At 30 September 2014	23,914	23,914

3 Share capital

Allotted, called up and fully paid shares

	2015		2014	
	No.	£	No.	£
Ordinary shares of £1 each	100	100	100	100