

Registered Number 05770740

FOOD 4 YOU (SOUTH WEST) LIMITED

Abbreviated Accounts

30 September 2012

Abbreviated Balance Sheet as at 30 September 2012

	Notes	2012 £	2011 £
Fixed assets			
Tangible assets	2	28,837	31,132
		<u>28,837</u>	<u>31,132</u>
Current assets			
Stocks		6,313	6,180
Debtors		30,807	50,469
Cash at bank and in hand		22,928	21,387
		<u>60,048</u>	<u>78,036</u>
Creditors: amounts falling due within one year		(44,509)	(65,619)
Net current assets (liabilities)		<u>15,539</u>	<u>12,417</u>
Total assets less current liabilities		<u>44,376</u>	<u>43,549</u>
Creditors: amounts falling due after more than one year		(5,739)	(9,563)
Provisions for liabilities		(4,567)	(4,567)
Total net assets (liabilities)		<u>34,070</u>	<u>29,419</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		33,970	29,319
Shareholders' funds		<u>34,070</u>	<u>29,419</u>

- For the year ending 30 September 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 21 March 2013

And signed on their behalf by:
Ms D Griffin, Director

Notes to the Abbreviated Accounts for the period ended 30 September 2012**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

Tangible assets depreciation policy

Depreciation is calculated as follows:

Motor Vehicles - 20% reducing balance

Equipment - 25% reducing balance

Other accounting policies

Related Party Transactions:

The company was under the control of Ms D Griffin, director, throughout the current and previous year.

2 Tangible fixed assets

	£
Cost	
At 1 October 2011	96,458
Additions	5,450
Disposals	-
Revaluations	-
Transfers	-
At 30 September 2012	<u>101,908</u>
Depreciation	
At 1 October 2011	65,326
Charge for the year	7,745
On disposals	-
At 30 September 2012	<u>73,071</u>
Net book values	
At 30 September 2012	<u>28,837</u>
At 30 September 2011	<u>31,132</u>

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