Registered Number 05770740

FOOD 4 YOU (SOUTH WEST) LIMITED

Abbreviated Accounts

30 September 2011

FOOD 4 YOU (SOUTH WEST) LIMITED **Registered Number 05770740**

Balance Sheet as at 30 September 2011

	Notes	2011		2010	
		£	£	£	£
Fixed assets					
Intangible	2				6,000
Tangible	3		31,132		23,023
Total fixed assets			31,132		29,023
Current assets					
Stocks		6,180		5,235	
Debtors		50,469		62,191	
Cash at bank and in hand		21,387		10,175	
Total current assets		78,036		77,601	
Creditors: amounts falling due within one year		(65,619)		(67,877)	
Net current assets			12,417		9,724
Total assets less current liabilities			43,549		38,747
Creditors: amounts falling due after one year			(9,563)		
Provisions for liabilities and charges			(4,567)		(2,656)
Total net Assets (liabilities)			29,419		36,091
Capital and reserves					
Called up share capital			100		100
Profit and loss account			29,319		35,991
Shareholders funds			29,419		36,091

a. For the year ending 30 September 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 07 February 2012

And signed on their behalf by:
Ms D Griffin, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

FOOD 4 YOU (SOUTH WEST) LIMITED **Registered Number 05770740**

Notes to the abbreviated accounts

For the year ending 30 September 2011

1 **Accounting policies**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

the turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Motor Vehicles	25.00% Reducing Balance
Equipment	25.00% Reducing Balance

2 **Intangible fixed assets**

Cost Or Valuation	**£**
At 30 September 2010	30,000
At 30 September 2011	30,000
Depreciation	
At 30 September 2010	24,000
Charge for year	6,000
At 30 September 2011	30,000
Net Book Value	
At 30 September 2010	6,000

3 **Tangible fixed assets**

Cost	**£**
At 30 September 2010	50,308
additions	16,150
disposals	
revaluations	
transfers	
At 30 September 2011	66,458
Depreciation	
At 30 September 2010	27,285
Charge for year	8,041
on disposals	

At 30 September 2011	35,326
Net Book Value	
At 30 September 2010	23,023
At 30 September 2011	31,132

4 **Related party disclosures**

The company was under the control of its director, Ms D Griffin, throughout the current and previous year.