In accordance with Section 167 of the Companies Act 2006.

# AP01

# Appointment of director



You can use the WebFiling service to file this form online.

Please go to www.companieshouse.gov.uk

What this form is for

You may use this form to appoint an individual as a director.

X What this form is NOT for

You cannot use the form to app a corporate director. To do this please use form AP02 'Appoin of corporate director'.



A34

30/10/2014 COMPANIES HOUSE

#332

1	Company details	-
Company number	0 5 7 7 0 4 2 3	Filling in this form Please complete in typescript or in bold black capitals.
Company name in full	SOCK ONS LTD	
		All fields are mandatory unless specified or indicated by *
2	Date of director's appointment	
Date of appointment	17 14 10 17 12 10 17 14	
New director's details  1 Former name(s) Please provide any of		Former name(s)     Please provide any previous names
Title*	Mr	which have been used for business purposes in the past 20 years.  Married women do not need to give former names unless previously used for business purposes.  Continue in section 6 if required.  Country/State of residence This is in respect of your usual residential address as stated in Section 4a.  Business occupation if you have a business occupation, please enter here. If you do not, please leave blank.
Full forename(s)	Eric Meir	
Surname	Abraham	
Former name(s) 1		
Country/State of residence 2	England	
Nationality	British	
Date of birth	$\begin{bmatrix} 0 & 2 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 &$	
Business occupation (if any) 3	COMPANY DIRECTOR	
4	New director's service address 4	<del></del>
<del></del>	Please complete your service address below. You must also complete your usual residential address in <b>Section 4a</b> .	4 Service address This is the address that will appear on the public record. This does not have to be your usual residential address.
Building name/number	26 Acacia Road	
Street		Please state 'The Company's
		Registered Office' if your service address is recorded in the company's
Post town	LONDON	register of directors as the company's registered office.
County/Region		If you provide your residential
Postcode	N W 8 6 A R	address here it will appear on the public record.
Country	ENGLAND	
Country	ENGLAND	- Public record.

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Appointment of director

Signatures	
I consent to act as director of the above named company.	Societas Europaea     If the form is being filed on behalf
× EMAh	of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.
X Signature X	2 Person authorised Under either section 270 or 274 of the Companies Act 2006.
This form may be signed and authorised by: Director 1, Secretary, Person authorised 2, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.	
Additional former names (continued from Section 3)	
	Additional former names     Use this space to enter any     additional names.
	I consent to act as director of the above named company.  Signature  Signature  This form may be signed and authorised by: Director 1, Secretary, Person authorised 2, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager,

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## Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record. Contact name John Conway HowardKennedyFsi LLP 179 Great Portland Street London S Oxford Circus North - DX 42748 020 3350 3350 Checklist We may return forms completed incorrectly or with information missing. Please make sure you have remembered the following: The company name and number match the information held on the public Register. You have provided a business occupation if you have one. ☐ You have provided a correct date of birth. You have completed the date of appointment. You have completed the nationality box in Section 3.

You have provided both the service address and the

Addresses must be a physical location. They cannot

You have included all former names used for

business purposes over the last 20 years. You have enclosed a relevant section 243 application if applying for this at the same time as

The new director has signed the form.You have provided an authorising signature.

be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number.

usual residential address.

completing this form.

### [ Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses.

### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

#### For companies registered in Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

#### For companies registered in Northern Ireland:

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

#### Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below: The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE.

### Further information

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk