



Companies House
— for the record —

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Annual Return



X4G848ST

Received for filing in Electronic Format on the: **06/04/2009**

Company Name: **MOVERS AND SHAPERS LIMITED**

Company Number: **05758299**

Company Details

Period Ending: **27/03/2009**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

7487

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**UNIT 10, UTOPIA
VILLAGE
7 CHALCOT ROAD
PRIMROSE HILL
LONDON
NW1 8HL**

Details of Officers of the Company

Company Secretary 1:

Name: **FILEX SERVICES LIMITED**

Address: **179 GREAT PORTLAND STREET
LONDON
W1W 5LS**

Director 1 :

Name: **ALLAN BRIAN HENRY
FISHER**

Address: **52 NORTHGATE
PRINCE ALBERT ROAD
LONDON
NW8 7EH**

Date of Birth: **03/10/1942** *Nationality:* **British**

Occupation: **COMPANY DIRECTOR**

Director 2 :

Name: **BENJAMIN MARGOLIS**

Address: **7A BOLTON ROAD
LONDON
NW8 0RJ**

Date of Birth: **10/01/1970** *Nationality:* **British**

Occupation: **CHARTERED ACCOUNTANT**

Director 3 :

Name: MICHAEL PETER MILLS Address: BASEMENT FLAT 20 PALMEIRA
SQUARE
HOVE
BN3 2JN

Date of Birth: 25/02/1948 Nationality: British Occupation: FINANCE DIRECTOR

Director 4 :

Name: DAVID TURNER Address: 1 VILLAGE CLOSE
BELSIZE LANE
HAMPSTEAD
LONDON
NW3 5AH

Date of Birth: 03/11/1945 Nationality: British Occupation: COMPANY DIRECTOR

Share Capital

Issued Share Capital Details:

Class of Share	Number of Shares issued	Aggregate Nominal value of issued Shares
ORDINARY	500000	GBP500000.00
TOTALS		
	500000	GBP500000.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 27/03/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

500000 ORDINARY Shares held as at 27/03/2009

Name:

ADD WELLNESS HOLDINGS LIMITED

Address:

Authorisation

Authoriser Designation: **secretary**

Date Authorised: **09/04/2009**

Authenticated: **Yes (E/W)**