Movers and Shapers Limited (formerly In Moments Limited)

Report and Financial Statements

Period ended

31 July 2006



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BDO Stoy Hayward

Annual report and financial statements for the period ended 31 July 2006

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Directors

B Margolis

D Turner

A B H Fisher

Secretary and registered office

B Margolis, 8 Baker Street, London, W1U 3LL

Company number

5758299

Auditors

BDO Stoy Hayward LLP, 8 Baker Street, London, W1U 3LL

Report of the directors for the period ended 31 July 2006

The directors present their report together with the audited financial statements for the period ended 31 July 2006. The company was incorporated on 27 March 2006 and commenced trading on 1 July 2006.

The company changed its name from Finlaw 524 Limited to In Moments Limited on 25 July 2006 and from In Moments Limited to Movers and Shapers Limited on 22 September 2006

Results and dividends

The profit and loss account is set out on page 5 and shows the result for the period

The directors do not recommend the payment of a dividend

Principal activities, trading review and future developments

The principal activity of the company is that of the provision of retail health and wellbeing services

The directors have reviewed the activities of the company for the period and the position at 31 July 2006 and consider them to be satisfactory

Directors

The directors of the company during the period were

B Margolis (appointed 31 July 2006)
D Turner (appointed 31 July 2006)
A B H Fisher (appointed 31 July 2006)

M C Warshaw (appointed 25 July 2006, resigned 31 July 2006)
Filex Nominees Limited (appointed 27 March 2006, resigned 25 July 2006)

No director in office at the year end had any interest in the ordinary shares of the company

The interests of B Margolis, D Turner and A B H Fisher in the share capital of the ultimate parent company, ADDleisure plc, are disclosed in the accounts of that company



Report of the directors for the period ended 31 July 2006 (Continued)

Directors' responsibilities

The directors are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditors

All of the current directors have taken all the steps that they ought to have taken to make themselves aware of any information needed by the company's auditors for the purposes of their audit and to establish that the auditors are aware of that information. The directors are not aware of any relevant audit information of which the auditors are unaware.

BDO Stoy Hayward LLP have expressed their willingness to continue in office and a resolution to re-appoint them will be proposed at the annual general meeting

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

By order of the Board

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Secretary

14 November 2006

Report of the independent auditors

To the shareholders of Movers and Shapers Limited

We have audited the financial statements of Movers and Shapers Limited for the period ended 31 July 2006 which comprise the profit and loss account, the balance sheet and the related notes These financial statements have been prepared under the accounting policies set out therein

Respective responsibilities of directors and auditors

The directors' responsibilities for preparing the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the statement of directors' responsibilities

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland)

We report to you our opinion as to whether the financial statements give a true and fair view and have been properly prepared in accordance with the Companies Act 1985 and whether the information given in the directors' report is consistent with those financial statements. We also report to you if, in our opinion, the company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding directors' remuneration and other transactions is not disclosed

We read the directors' report and consider the implications for our report if we become aware of any apparent misstatements within it

Our report has been prepared pursuant to the requirements of the Companies Act 1985 and for no other purpose. No person is entitled to rely on this report unless such a person is a person entitled to rely upon this report by virtue of and for the purpose of the Companies Act 1985 or has been expressly authorised to do so by our prior written consent. Save as above, we do not accept responsibility for this report to any other person or for any other purpose and we hereby expressly disclaim any and all such liability.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Report of the independent auditors (Continued)

Opinion

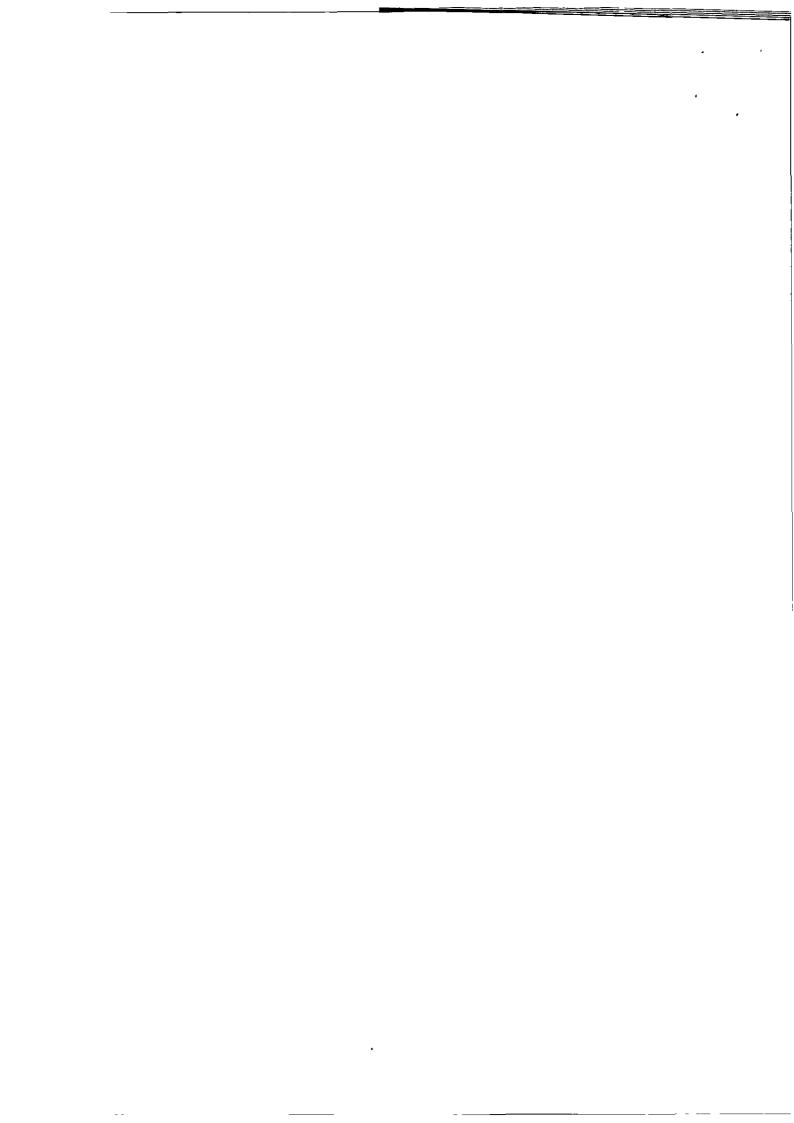
In our opinion

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the company's affairs as at 31 July 2006 and of its loss for the period then ended,
- the financial statements have been properly prepared in accordance with the Companies Act 1985, and
- the information given in the directors' report is consistent with the financial statements

BDO STOY HAYWARD LLP

Chartered Accountants and Registered Auditors London

14 November 2006

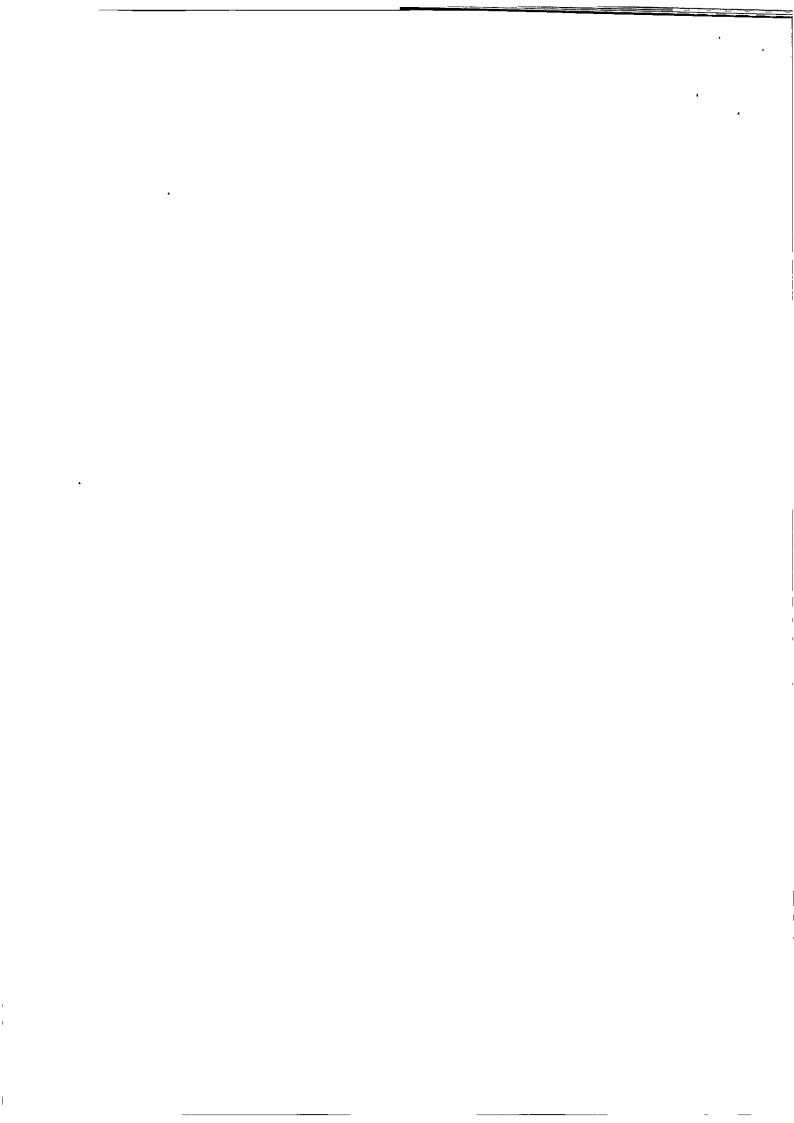


Profit and loss account for the period ended 31 July 2006

	Note	£
Administrative expenses		(21,343)
Loss on ordinary activities before and after taxation and retained loss for the year	2,7	(21,343)

All amounts relate to activities which commenced during the period All recognised gains and losses are included in the profit and loss account

The notes on pages 7 to 9 form part of these financial statements



Balance sheet at 31 July 2006

	Note	£	£
Fixed assets	3		560
Current assets			
Debtors - due after more than one year Cash at bank	4	325,000	
Cash at bank		175,000	
		500,000	
Creditors: amounts falling due within one year	5	21,903	
Net current assets			478,097
Net assets			478,657
Capital and reserves			
Called up share capital	6		500,000
Profit and loss account			(21,343)
Shareholders' funds - equity	7		478,657

The financial statements were approved by the Board and authorised for issue on 14 November 2006

B Margolis **Director**

The notes on pages 7 to 9 form part of these financial statements



Notes forming part of the financial statements for the period ended 31 July 2006

1 Accounting policies

The financial statements have been prepared under the historical cost convention and are in accordance with applicable accounting standards. The following principal accounting policies have been applied

Turnover

Turnover represents sales to outside customers at invoiced amounts less value added tax

Cash flow statement

The company has taken advantage of the exemption conferred by Financial Reporting Standard I, 'Cash Flow Statements (Revised 1996)' not to prepare a cash flow statement. A consolidated cash flow statement is contained within the financial statements of the ultimate parent company

Related party disclosure

The company has taken advantage of the exemption conferred by Financial Reporting Standard 8, 'Related party disclosures', not to disclose transactions with members or investees of the group headed by ADDleisure Plc on the grounds that at least 90% of the voting rights in the company are controlled within that group and the company is included in consolidated financial statements

Depreciation

2

Depreciation is provided to write off the cost or valuation, less estimated residual values, of all fixed assets, evenly over their expected useful lives. It is calculated at the following rates

Fixtures, fittings and equipment

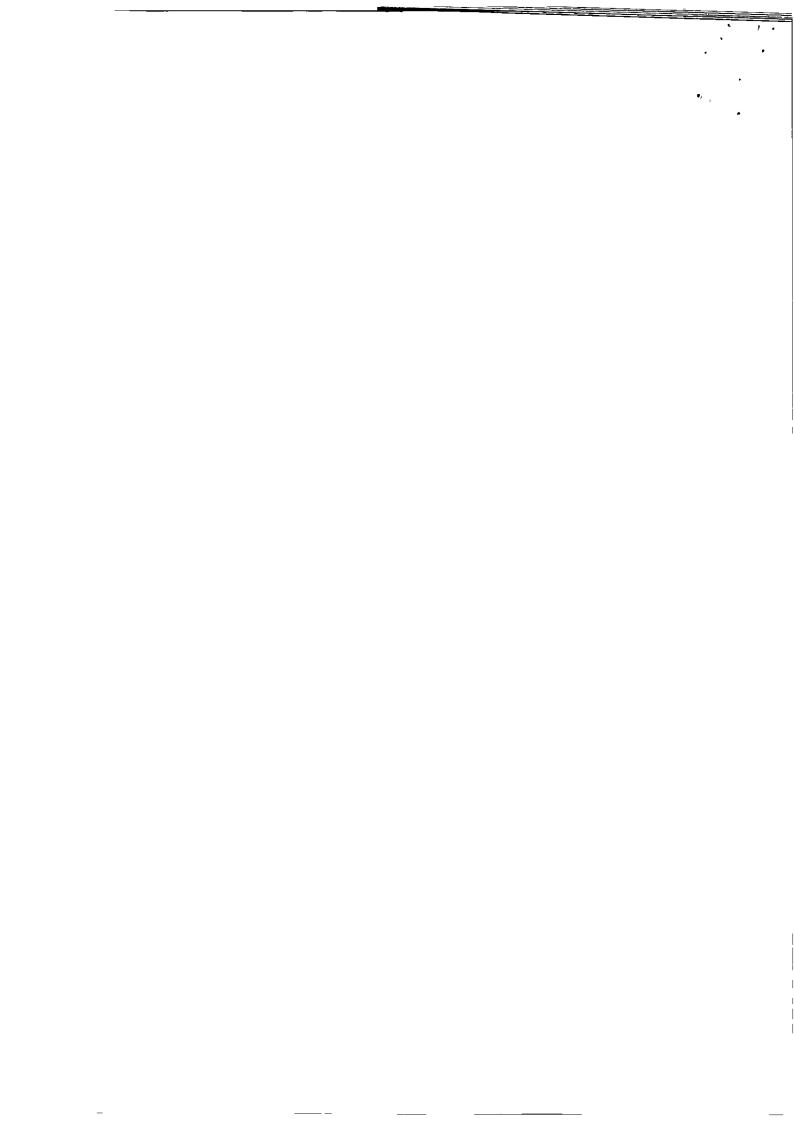
33 3 % per annum

Taxation	£
Current tax UK corporation tax on profits of the period	-
Current tax charge for the period	
The tax assessed for the period differs from the standard rate of corporation tax in the UK are explained below	The differences
Loss on ordinary activities before tax	(21,343)
Profit on ordinary activities at the standard rate of corporation tax in the UK of 19%	(4,055)
Effects of Losses carried forward	4,055
Current tax charge for the period	-

Notes forming part of the financial statements for the period ended 31 July 2006 (Continued)

3	Fixed assets	Fixtures, fittings and equipment £
	Cost and net book value Additions and at 31 July 2006	560
4	Debtors	£
	Loan to parent undertaking	325,000
	All amounts shown under debtors fall due for payment after one year	
5	Creditors: amounts falling due within one year	£
	Amounts due to fellow subsidiary undertaking	21,903
6	Share capital	£
	Authorised 450,000 'A' ordinary shares of £1 each 50,000 'B' ordinary shares of £1 each	450,000 50,000 500,000
	Allotted, called up and fully paid 450,000 'A' ordinary shares of £1 each 50,000 'B' ordinary shares of £1 each	450,000 50,000 500,000

All shares were issued during the period. The 'A' ordinary shares have additional rights to appoint and remove directors. In all other respects the 'A' and 'B' ordinary shares rank pari-passu.



Notes forming part of the financial statements for the period ended 31 July 2006 (Continued)

7	Reconciliation of movements in shareholders' funds	£
	Loss for the year New share capital subscribed	(21,343) 500,000
	Shareholders' funds at 31 July 2006	478,657

8 Ultimate parent company

The largest and smallest group in which the results of the company are consolidated is that headed by ADDleisure plc

The ultimate parent company and controlling party is ADDleisure plc, a company incorporated in the United Kingdom Copies of the financial statements can be obtained from Companies House