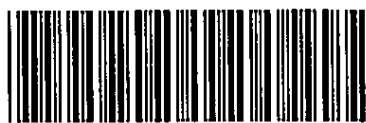


The School of Optimum Nutrition Limited
DIRECTORS' REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2012

THURSDAY



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28/03/2013

#336

COMPANIES HOUSE

The School of Optimum Nutrition Limited

COMPANY INFORMATION

Directors

Jacqueline Lynch
Christopher Davies

Secretary

Gwynne Jarvis

Company number

05754503

Registered office

Avalon House
72 Lower Mortlake Road
Richmond
Surrey
TW9 2JY

The School of Optimum Nutrition Limited

DIRECTOR'S REPORT

FOR THE YEAR ENDED 30th June 2012

The directors present their report and unaudited financial statements for the year ended 30th June 2012. The company is dormant and has not traded during the year.

Directors

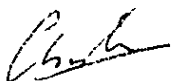
The following directors have held office since 1st July 2011:

Jacqueline Lynch	Appointed 08/03/2013
Christopher Davies	Appointed 08/03/2013
Martin Hum	Resigned 08/03/2013

Company Secretary

Catherine Morgan	Resigned 08/03/2013
Gwynne Jarvis	Appointed 08/03/2013

On behalf of the board



Christopher Davies
Director

27th March 2013

PROFIT AND LOSS ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2012

The company has not traded during the year or the preceding financial year. During these years, the company received no income and incurred no expenditure and therefore made neither profit nor loss.

The School of Optimum Nutrition Limited

BALANCE SHEET

AS AT 30 JUNE 2012

	Notes	2012 £	2011 £
Creditors' amounts falling due within one year	3	1	1
		<hr/>	<hr/>
Total assets less current liabilities		1	1
		<hr/>	<hr/>
Capital and reserves			
Called up share capital	4	1	1
Profit and loss account	5		
		<hr/>	<hr/>
Shareholders' funds		1	1
		<hr/>	<hr/>

Audit exemption statement

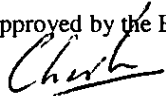
For the financial year ended 30 June 2012 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies

Directors' responsibilities

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476, and
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board and authorised for issue on 27th March 2013



Christopher Davies

Director

Company Registration No 05754503

The School of Optimum Nutrition Limited

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2012

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

2 Taxation

On the basis of these financial statements no provision has been made for corporation tax

3 Creditors: amounts falling due within one year

	2012 £	2011 £
Other creditors	1	1
	<hr/>	<hr/>

4 Share capital

	2012 £	2011 £
Allotted, called up and fully paid		
1 Ordinary Share of £1 each	1	1
	<hr/>	<hr/>

5 Statement of movements on profit and loss account

	Profit and loss account £
Balance at 1 July 2011	Nil
	<hr/>
Balance at 30 June 2012	Nil
	<hr/>