



Companies House

— for the record —

Please complete in typescript,  
or in bold black capitals.

CHFP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5738894

Company Name in full

UPBEAT ENTERPRISES COMMUNITY INTEREST  
COMPANY LIMITED

Date of  
appointment

Day Month Year  
1 6 0 1 2 0 0 8

†Date of  
Birth

Day Month Year  
2 3 0 2 1 9 6 8

**Appointment  
form**

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes

Notes on completion  
appear on reverse

NAME

\*Style / Title

\*Honours etc

Forename(s)

EDWARD JOSEPH

Surname

FRIEL

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address

KYNASTON, LUMBY LANE, SOUTH MILFORD

Post town

LEEDS

Postcode

LS25 5DA

County / Region

Country

†Nationality

IRISH

†Business occupation

ACCOUNTANT

†Other directorships  
(additional space overleaf)

ELITE GROUP LOGISTICS LIMITED

Consent signature

I consent to act as \*\* director / secretary of the above named company

*EJF*

Date

16-01-2008

\* Voluntary details

† Directors only

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

*B.R. Smith*

Date

27<sup>th</sup> January 2008

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should

B.R. Smith

354 BROAD LANE BRAMLEY LEEDS

LS13 2HF

Tel 0113 256470

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



\*ABFDWWSX\*

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30/01/2008

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COMPANIES HOUSE

Form revised July 1998

WEDNESDAY

**Company Number**

† Directors only

† Other directorships

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

**Other directorships**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company