

**H Plus Care Ltd Filleted Accounts  
Cover**

**H Plus Care Ltd**

**Company No. 05736767**

**Information for Filing with The Registrar**

**30 June 2023**

**H Plus Care Ltd Directors Report****Registrar**

The Directors present their report and the accounts for the year ended 30 June 2023.

**Principal activities**

The principal activity of the company during the year under review was Residential nursing care facilities.

**Directors**

The Directors who served at any time during the year were as follows:

R. Patel (Resigned 28 July 2023)

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

J. Patel

Director

28 March 2024

**H Plus Care Ltd Balance Sheet**  
**Registrar**  
**at 30 June 2023**  
**Company No. 05736767**

	Notes	2023 £	2022 £
<b>Fixed assets</b>			
Intangible assets	4	9,200	14,036
Tangible assets	5	257,970	312,738
		<u>267,170</u>	<u>326,774</u>
<b>Current assets</b>			
Debtors		1,825,717	407,148
Cash at bank and in hand		1,082,935	1,828,957
		<u>2,908,652</u>	<u>2,236,105</u>
<b>Creditors: Amount falling due within one year</b>		<u>(2,423,541)</u>	<u>(2,152,219)</u>
<b>Net current assets</b>		485,111	83,886
<b>Total assets less current liabilities</b>		<u>752,281</u>	<u>410,660</u>
<b>Net assets</b>		<u>752,281</u>	<u>410,660</u>
<b>Capital and reserves</b>			
Called up share capital		100	100
Profit and loss account	7	752,181	410,560
		<u>752,281</u>	<u>410,660</u>
<b>Total equity</b>		<u>752,281</u>	<u>410,660</u>

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime of the Companies Act 2006.

For the year ended 30 June 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

All the members have consented to the preparation of abridged financial statements for the year ended 30 June 2023 in accordance with the Companies Act 2006.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

Approved by the board on 28 March 2024 and signed on its behalf by:

J. Patel  
Director  
28 March 2024

**H Plus Care Ltd Notes to the  
Accounts Registrar  
for the year ended 30 June 2023**

**1 General information**

H Plus Care Ltd is a private company limited by shares and incorporated in England and Wales.  
Its registered number is: 05736767  
Its registered office is:  
45 Craven Road  
London  
W2 3BX

The abridged accounts have been prepared in accordance with FRS 102 Section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006, including the provisions permitting an abridged profit and loss accountant balance sheet to be prepared.

**2 Accounting policies**

**Tangible fixed assets and depreciation**

Tangible fixed assets held for the company's own use are stated at cost less accumulated depreciation and accumulated impairment losses.

At each balance sheet date, the company reviews the carrying amount of its tangible fixed assets to determine whether there is any indication that any items have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss.

Depreciation is provided at the following annual rates in order to write off the cost or valuation less the estimated residual value of each asset over its estimated useful life:

Leasehold land and buildings	20% Straight line
Plant and machinery	20% Reducing balance
Furniture, fittings and equipment	20% Straight line

**3 Employees**

	<b>2023 Number</b>	<b>2022 Number</b>
The average monthly number of employees (including directors) during the year was:	194	176

#### 4 Intangible fixed assets

	Total £
<b>Cost</b>	
At 1 July 2022	23,100
At 30 June 2023	<u>23,100</u>
<b>Amortisation and impairment</b>	
At 1 July 2022	9,064
Charge for the year	4,836
At 30 June 2023	<u>13,900</u>
<b>Net book values</b>	
At 30 June 2023	<u>9,200</u>
At 30 June 2022	<u>14,036</u>

#### 5 Tangible fixed assets

	Total £
<b>Cost or revaluation</b>	
At 1 July 2022	1,010,192
Additions	18,903
At 30 June 2023	<u>1,029,095</u>
<b>Depreciation</b>	
At 1 July 2022	697,454
Charge for the year	73,671
At 30 June 2023	<u>771,125</u>
<b>Net book values</b>	
At 30 June 2023	<u>257,970</u>
At 30 June 2022	<u>312,738</u>

#### 6 Share Capital

100 ordinary shares of £1 each

#### 7 Reserves

Profit and loss account - includes all current and prior period retained profits and losses.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.