



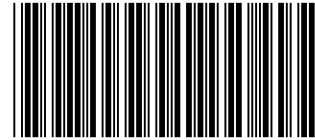
Companies House
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Annual Return

Company Name: **LADY & MAN FITNESS LTD**

Company Number: **05729710**



XRAAJ031

Received for filing in Electronic Format on the: **23/03/2007**

Company Details

Period Ending: **03/03/2007**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC Codes
9262

Registered Office:
Address:

Register of
Members Address:

Register of Debenture
Holders Address:

**5 JUPITER HOUSE CALLEVA
PARK ALDERMASTON
READING
BERKSHIRE
ENGLAND
RG7 8NN**

At Registered Office

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: **L4 YOU CO SEC LTD**

Address: **5 JUPITER HOUSE CALLEVA
PARK ALDERMASTON
READING
BERKSHIRE
ENGLAND RG7 8NN**

Director 1:

Name: **MRS STELLA NADJA DINKEL** *Address:* **GUTENBERGSTRASSE 14
SINN
GERMANY 33764**
Date of Birth: **27/07/1972**
Nationality: **GERMAN**
Occupation: **DIRECTOR**

Director 2:

Name: **MR THOMAS MICHAEL GLUPS** *Address:* **GUTENBERGSTRASSE 14
SINN
GERMANY 33764**
Date of Birth: **10/12/1971**
Nationality: **GERMAN**
Occupation: **DIRECTOR**

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY EUR	1	EUR1
TOTALS	1	EUR1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 03/03/2007, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

1 ORDINARY EUR Shares held as at 03/03/2007

Name: **L4 YOU CO DIR LTD**
Address: **5 JUPITER HOUSE CALLEVA PARK ALDERMASTON
READING
BERKSHIRE
ENGLAND RG7 8NN**

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **23/03/2007** *Authenticated:* **Yes (E/W)**
