



**Companies House**

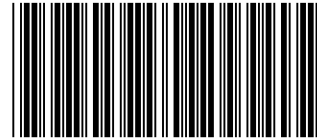
— for the record —

**288a<sub>(ef)</sub>**

**Appointment of a Director or Secretary**

*Company Name:* **LADY & MAN FITNESS LTD**

*Company Number:* **05729710**



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*Received for filing in Electronic Format on the:* **10/05/2006**

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***New Appointment Details***

*Position:* **DIRECTOR** *Date of Appointment:* **08/05/2006**

*Name:* **MRS STELLA NADJA DINKEL**

*Consented to Act:* **Yes**

*Usual Residential Address* **HERBORNER STRASSE 28  
SINN  
GERMANY 35764**

*Date of Birth:* **27/07/1972** *Nationality:* **GERMAN**  
*Occupation:* **DIRECTOR**

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***Authorisation***

*Authoriser Designation:* **DIRECTOR** *Date Authorised:* **10/05/2006** *Authenticated:* **Yes (E/W)**