

# Express Care Limited

## FINANCIAL STATEMENTS

for the year ended

31 March 2015



# Express Care Limited

## STRATEGIC REPORT

for the year ended 31 March 2015

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### BUSINESS REVIEW AND MATTERS OF STRATEGIC IMPORTANCE

The financial results for the year are a reflection of the trading conditions prevailing in the care home industry. With the support of the new parent company, the Directors are confident that the results will improve in the future.

### PRINCIPAL RISKS AND UNCERTAINTIES

Like all businesses the company faces a number of operating risks and uncertainties. There are a number of risks that could impact on the company's long-term performance and steps are taken to understand and evaluate these.

The most fundamental risks faced by the company are:-

- if the company fails to comply with regulation, regulatory action could include, among other penalties, the revocation of a care homes licence to operate.
- the company could suffer serious negative publicity if a serious incident was to occur at one of the care homes.
- if the average weekly fee increases do not at least rise in line with costs.
- if the company fails to attract and retain nursing and other qualified staff, it may be unable to provide residents with the quality nursing care and may have to reduce the number of beds in its care homes.

### FINANCIAL RISK MANAGEMENT

The company's main financial risks are related to its borrowings. The company's principal financial instruments comprise loans and cash as well as various items that arise directly from its operations, including trade debtors and trade creditors.

The directors monitor the overall level of borrowings and interest costs to limit any adverse effects on the financial performance of the company.

The credit risk attributable to trade debtors is minimal as the majority of fees are paid by local authorities and the incidence of bad debt on private fee payers is minimal.

On behalf of the board

M C Glowasky  
Director



5/2/2016

# Express Care Limited

## DIRECTORS' REPORT

The directors submit their report and financial statements of Express Care Limited for the year ended 31 March 2015.

### PRINCIPAL ACTIVITIES

The principal activity of the company during the year was the establishment and running of care homes.

### RESULTS AND REVIEW OF THE BUSINESS

The trading results for the year and the company's financial position at the end of the year are shown in the attached statements. The company's profit before taxation was £266,236 (2014: £309,544).

The directors consider this performance and the future outlook for the company to be satisfactory.

### SHARE CAPITAL

During the year, 100 ordinary B shares of £1.00 each were issued for a consideration of £685,716.

### DIRECTORS

The directors who served the company during the year were as follows:

D M Harrison  
S Harrison  
M C Glowasky

S Harrison resigned as a director on 3 February 2015.

M C Glowasky was appointed as a director on 3 February 2015.

D M Harrison resigned as a director on 30 June 2015.

### STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITOR

The directors who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the auditor is unaware. Each of the directors have confirmed that they have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that it has been communicated to the auditor.

### AUDITOR

The auditor, RSM UK Audit LLP (formerly Baker Tilly UK Audit LLP), is deemed to be reappointed under section 487(2) of the Companies Act 2006.

On behalf of the board

M C Glowasky  
Director



5/2/2016

# Express Care Limited

## DIRECTORS' RESPONSIBILITIES IN THE PREPARATION OF FINANCIAL STATEMENTS

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The directors are responsible for preparing the Strategic Report and the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year.

In preparing those financial statements, the directors are required to:

- a. select suitable accounting policies and then apply them consistently;
- b. make judgements and accounting estimates that are reasonable and prudent;
- c. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF EXPRESS CARE LIMITED

We have audited the financial statements on pages 5 to 14. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of directors and auditor**

As more fully explained in the Directors' Responsibilities Statement set out on page 3 the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

### **Scope of the audit of the financial statements**

A description of the scope of an audit of financial statements is provided on the Financial Reporting Council's website at <http://www.frc.org.uk/auditscopeukprivate>

### **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2015 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

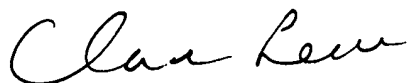
### **Opinion on other matter prescribed by the Companies Act 2006**

In our opinion the information given in the Strategic Report and the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.



CLAIRE LEECE (Senior Statutory Auditor)

For and on behalf of RSM UK AUDIT LLP (formerly BAKER TILLY UK AUDIT LLP), Statutory Auditor  
1 St James' Gate  
Newcastle upon Tyne  
NE1 4AD

5/2/2016

**Express Care Limited**  
**PROFIT AND LOSS ACCOUNT**  
for the year ended 31 March 2015

		2015	2014
	<i>Notes</i>	£	£
TURNOVER	1	2,230,054	2,083,162
Cost of sales		(1,482,775)	(1,301,261)
Gross profit		747,279	781,901
Administrative expenses		(294,596)	(325,697)
Other operating income	2	741	570
OPERATING PROFIT	3	453,424	456,774
Interest payable and similar charges	5	(187,188)	(147,230)
PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION		266,236	309,544
Taxation	6	(13,916)	21,208
PROFIT FOR THE FINANCIAL YEAR	16	252,320	330,752

The profit for the year arises from the company's continuing operations.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Profit and Loss Account.

**Express Care Limited****BALANCE SHEET**

31 March 2015

	Notes	2015 £	2014 £
<b>FIXED ASSETS</b>			
Tangible assets	7	<u>4,311,401</u>	<u>4,322,412</u>
<b>CURRENT ASSETS</b>			
Debtors	8	2,782,811	2,530,659
Cash at bank and in hand		<u>50,576</u>	<u>178,946</u>
		2,833,387	2,709,605
<b>CREDITORS</b>			
Amounts falling due within one year	9	<u>(3,399,099)</u>	<u>(4,042,394)</u>
<b>NET CURRENT LIABILITIES</b>		<u>(565,712)</u>	<u>(1,332,789)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		3,745,689	2,989,623
<b>CREDITORS</b>			
Amounts falling due after more than one year	10	(379,627)	(575,513)
<b>PROVISIONS FOR LIABILITIES</b>	11	<u>(240,460)</u>	<u>(226,544)</u>
		<u>3,125,602</u>	<u>2,187,566</u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	14	102	2
Share premium	15	685,616	-
Profit and loss account	16	2,439,884	2,187,564
<b>SHAREHOLDERS' FUNDS</b>	17	<u>3,125,602</u>	<u>2,187,566</u>

The financial statements on pages 5 to 14 were approved by the board of directors and authorised for issue on 5/2/2016 and are signed on their behalf by:

  
M. C. Glowasky  
Director

# Express Care Limited

## ACCOUNTING POLICIES

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### BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention, and in accordance with applicable UK accounting standards.

### CASH FLOW STATEMENT

The company is exempt from the requirement of Financial Reporting Standard 1 'Cash Flow Statements (Revised)' to present a cash flow statement because the immediate parent company Crossco (1333) Limited has group financial statements that are publicly available.

### GOING CONCERN

The financial statements have been prepared on the going concern basis. During the year, the group has changed funders and the new funder has confirmed to the directors its intention to continue to support the company for the foreseeable future.

The directors have prepared forecasts, which show the group's operating cash flows to be sufficient to fund the group's existing working capital requirements, with the intended support of the funder. Consequently the directors believe that it is appropriate to continue to prepare the financial statements on a going concern basis.

### TURNOVER

The turnover shown in the profit and loss account comprises total gross invoices charged to residents during the year. All turnover arises within the United Kingdom from the principal activity of the company.

### FIXED ASSETS

All fixed assets are initially recorded at cost.

### DEPRECIATION

Depreciation is calculated so as to write off the cost of a tangible fixed asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings & equipment	- 10-15% straight line
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No depreciation is provided on freehold property. In the opinion of the directors the residual value would be sufficiently high to make any depreciation charge in the current or prior year immaterial, which is supported by an impairment review.

### DEFERRED TAXATION

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events that result in an obligation to pay more tax in the future or a right to pay less tax in the future have occurred at the balance sheet date. Timing differences are differences between the company's taxable profits and its results as stated in the financial statements that arise from the inclusion of gains and losses in tax assessments in years different from those in which they are recognised in the financial statements.

Deferred tax is measured at the average tax rates that are expected to apply in the years in which timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date. Deferred tax is measured on a non-discounted basis.



# Express Care Limited

## ACCOUNTING POLICIES

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### BORROWINGS

Interest-bearing loans and overdrafts are recorded at the proceeds received, net of direct issue costs. Finance charges, including premiums payable on settlement on redemption and direct issue costs, are accounted for on an accruals basis in the profit or loss account using the effective interest method and are added to the carrying amount of the instrument to the extent that they are not settled in the year in which they arise.

### FINANCIAL INSTRUMENTS

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

# Express Care Limited

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2015

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### 1 TURNOVER

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

### 2 OTHER OPERATING INCOME

	2015	2014
	£	£
Other operating income	<u>741</u>	<u>570</u>

### 3 OPERATING PROFIT

Operating profit is stated after charging:

	2015	2014
	£	£
Directors' remuneration	-	-
Depreciation of owned fixed assets	43,938	31,509
Auditors' fees	<u>2,320</u>	<u>2,730</u>

### 4 PARTICULARS OF EMPLOYEES

The average monthly number of persons (including the directors) employed by the company during the financial year was:

	2015	2014
	No	No
Managerial	-	2
Operational staff	<u>99</u>	<u>80</u>
	<u>99</u>	<u>82</u>

Staff costs for the above persons:

	2015	2014
	£	£
Wages and salaries	1,168,281	1,008,170
Social security costs	<u>78,077</u>	<u>63,246</u>
	<u>1,246,358</u>	<u>1,071,416</u>

### 5 INTEREST PAYABLE AND SIMILAR CHARGES

	2015	2014
	£	£
On bank loans , overdrafts and other borrowings	186,979	141,859
Other interest and similar charges	<u>209</u>	<u>5,371</u>
	<u>187,188</u>	<u>147,230</u>

# Express Care Limited

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2015

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### 6 TAXATION ON ORDINARY ACTIVITIES

#### (a) Analysis of charge/(credit) in the year

	2015 £	2014 £
Current tax:		
Corporation tax	-	(2,348)
	-	(2,348)
Deferred tax:		
Origination and reversal of timing differences	13,916	(18,860)
Tax on profit on ordinary activities	<u>13,916</u>	<u>(21,208)</u>

#### (b) Factors affecting current tax charge/(credit)

The tax assessed on the profit on ordinary activities for the year is the same as the standard rate of corporation tax in the UK of 21.00% (2014: 23.00%), as explained below

	2015 £	2014 £
Profit on ordinary activities before taxation	<u>266,236</u>	<u>309,544</u>
Profit on ordinary activities by rate of tax	55,910	71,195
Effects of:		
Income not taxable for tax purposes	(2,743)	-
Capital allowances for year in excess of depreciation	(14,313)	(16,586)
Adjustment of tax in respect of prior periods	-	(2,348)
Group relief claimed	(39,075)	(54,609)
Other short term timing differences	221	-
Total current tax charge/(credit) (note 6(a))	<u>-</u>	<u>(2,348)</u>

The company's tax charge for the year has been reduced by £39,075 (2014:£54,609) because of losses surrendered by fellow group undertakings. No payment for this surrender is to be made by the company.

# Express Care Limited

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2015

### 7 TANGIBLE FIXED ASSETS

	Freehold land and buildings £	Fixtures, fittings & equipment £	Total £
Cost			
At 1 April 2014	4,164,201	283,952	4,448,153
Additions	-	32,927	32,927
At 31 March 2015	<u>4,164,201</u>	<u>316,879</u>	<u>4,481,080</u>
Depreciation			
At 1 April 2014	-	125,741	125,741
Charge for the year	-	43,938	43,938
At 31 March 2015	<u>-</u>	<u>169,679</u>	<u>169,679</u>
Net book value			
At 31 March 2015	<u>4,164,201</u>	<u>147,200</u>	<u>4,311,401</u>
At 31 March 2014	<u>4,164,201</u>	<u>158,211</u>	<u>4,322,412</u>

### 8 DEBTORS

	2015 £	2014 £
Trade debtors	147,629	95,148
Amounts owed by group undertakings	2,572,094	2,399,060
Amounts owed by ultimate parent undertaking	58,837	-
Other debtors	4,251	36,451
	<u>2,782,811</u>	<u>2,530,659</u>

Amounts owed by group undertakings are due after more than one year.

### 9 CREDITORS: Amounts falling due within one year

	2015 £	2014 £
Bank loans and overdrafts	-	3,647,050
Other borrowings	3,144,607	-
Trade creditors	47,647	65,698
Other taxation and social security costs	40,438	106,274
Other creditors	166,407	145,782
Group relief payable	-	77,590
	<u>3,399,099</u>	<u>4,042,394</u>

The following liabilities disclosed under creditors falling due within one year are secured by the company:

	2015 £	2014 £
Bank loans and overdrafts	-	3,647,050
Other borrowings	<u>3,144,607</u>	<u>-</u>

The company's other borrowings are repayable in quarterly instalments until 2016 and bear interest between 4.55% and 10% and are secured on the company's assets.

On 25 November 2014, Monarch Master Funding 2 (Luxembourg) S.a.r.l acquired the benefit of certain loan and security documents held by the company.

# Express Care Limited

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2015

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### 10 CREDITORS: Amounts falling due after more than one year

	2015	2014
	£	£
Amounts owed to immediate parent undertaking	376,675	276,209
Amounts owed to group undertakings	2,952	299,304
	<u>379,627</u>	<u>575,513</u>

### 11 PROVISIONS FOR LIABILITIES

	Deferred taxation
	£
Balance brought forward	226,544
Charge for the year	13,916
Balance carried forward	<u>240,460</u>

The provision for deferred taxation consists of the tax effect of timing differences in respect of:

	2015	2014
	£	£
Accelerated capital allowances	<u>240,460</u>	<u>226,544</u>

### 12 CONTINGENT LIABILITIES

The company is subject to an unlimited cross guarantee with Dolphin Property Company Limited, Hillcrest Care Homes Limited and Executive Care Developments Limited. The total borrowings of these companies at the balance sheet date was £11,773,275 (2014: £23,662,995).

### 13 RELATED PARTY TRANSACTIONS

Under FRS 8, 'Related Party Disclosures', the company is exempt from the requirements to provide details of transactions with other members of the group headed by Crossco (1333) Limited.

Included within amounts owed by group undertakings are the following balances:

	2015
	£
Butterfly Group Healthcare Limited	58,837
System Cycle Limited	122,188
Primrose Care Home Limited	15,379
Bramble Lodge Care Home Limited	174,804
Windmill Hills Care Home Limited	61,536
Salco Homes Limited	6,100
Executive Health Care Limited	19,050
Regency Guest Services Limited	9,128
Sovereign Guest Services Limited	83,166
Eagle View Care Home Limited	87,370
Aspenframe Limited	16,079
Northwind Leisure Limited	120,000
Quarter Care Limited	<u>31,553</u>

# Express Care Limited

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2015

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### 13 RELATED PARTY TRANSACTIONS *(continued)*

Included within amounts owed to group undertakings is the following balance:

	2015 £
Express Care (Guest Services) Limited	<u>2,952</u>

### 14 SHARE CAPITAL

	2015 £	2014 £
Allotted, called up and fully paid:		
2 Ordinary A shares of £1 each	2	2
100 Ordinary B shares of £1 each	100	-
	<u>102</u>	<u>2</u>

On the 25 November 2014 the company allotted and issued 100 ordinary B shares of £1.00 each for a consideration of £685,716 and accounted for as share premium. Such shares rank pari passu with the ordinary A shares then in issue.

### 15 SHARE PREMIUM

	2015 £	2014 £
At the beginning of the year	-	-
Issued Ordinary B shares during the year <i>(note 14)</i>	685,616	-
At the end of the year	<u>685,616</u>	<u>-</u>

### 16 PROFIT AND LOSS ACCOUNT

	2015 £	2014 £
At the beginning of the year	2,187,564	1,856,812
Profit for the financial year	252,320	330,752
At the end of the year	<u>2,439,884</u>	<u>2,187,564</u>

### 17 RECONCILIATION OF MOVEMENTS IN SHAREHOLDERS' FUNDS

	2015 £	2014 £
Profit for the financial year	252,320	330,752
Opening shareholders' funds	2,187,566	1,856,814
Shares issued during the year	100	-
Share premium	685,616	-
Closing shareholders' funds	<u>3,125,602</u>	<u>2,187,566</u>

# Express Care Limited

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2015

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### 18. ULTIMATE PARENT COMPANY

The company's immediate parent company is Crossco (1333) Limited, a company incorporated in the UK, following the acquisition of shares from Executive Care Group Limited (in a share for share exchange) on 15 October 2013.

The company's ultimate parent undertaking was Executive Care Group Limited. Executive Care Group Limited went into administration on 26 November 2014. On the same date the share capital of the company was acquired by Butterfly Group Healthcare Limited (formerly Conduit Street Holdings 1 Limited). At the date of signing the accounts, the directors consider that the company is controlled by Monarch Master Funding 1 (Luxembourg) Sarl, a company registered in Luxembourg. In the opinion of the directors there is no other ultimate controlling party.