



Companies House

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **30/03/2016**

**X53V9MZ7**

*Company Name:* **Cross Purposes Complete Physio and Fitness Limited**

*Company Number:* **05697103**

*Date of this return:* **03/02/2016**

*SIC codes:* **93130**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **PARK HOUSE 50 MALDON ROAD  
WITHAM  
ESSEX  
ENGLAND  
CM8 1HN**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MR ADAM LEWIS**

*Surname:* **GILLESPIE**

*Former names:*

*Service Address:* **25 THE STREET TERLING  
CHELMSFORD  
ESSEX  
UNITED KINGDOM  
CM3 2PG**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **MRS GILLIAN**

*Surname:*                **GILLESPIE**

*Former names:*

*Service Address:*        **51 COLLINGWOOD ROAD  
WITHAM  
ESSEX  
UNITED KINGDOM  
CM8 2DZ**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **\*\*/05/1953**                      *Nationality:*    **BRITISH**

*Occupation:*    **REGISTERED PHYSIOTHERAPIST**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

IN MEETINGS, MEMBERS ATTENDING (OR THEIR PROXIES) ARE ENTITLED TO ONE VOTE EACH. IN POLLS, MEMBERS HAVE A VOTE FOR EVERY SHARE THEY HOLD.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1</b>
		<i>Total aggregate nominal value</i>	<b>1</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 03/02/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **GILLIAN GILLESPIE**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.