

Abbreviated Unaudited Accounts for the Year Ended 31 March 2016

for

First Adapt Limited

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for the Year Ended 31 March 2016

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First Adapt Limited

Company Information
for the Year Ended 31 March 2016

DIRECTORS:

B Johnson
A Martin

REGISTERED OFFICE:

91 Huntercombe Lane North
Burnham
Slough
Buckinghamshire
SL1 6DT

REGISTERED NUMBER:

05689075 (England and Wales)

ACCOUNTANTS:

Adcock Accounting
10 Milton Court
Ravenshead
Nottinghamshire
NG15 9BD

First Adapt Limited (Registered number: 05689075)

Abbreviated Balance Sheet
31 March 2016

	Notes	2016 £	£	2015 £	£
FIXED ASSETS					
Tangible assets	2		820		1,094
CURRENT ASSETS					
Debtors		11,315		16,157	
Cash at bank		<u>6,668</u>		<u>1,542</u>	
		17,983		17,699	
CREDITORS					
Amounts falling due within one year		<u>10,273</u>		<u>7,047</u>	
NET CURRENT ASSETS			<u>7,710</u>		<u>10,652</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			8,530		11,746
PROVISIONS FOR LIABILITIES			<u>164</u>		<u>219</u>
NET ASSETS			<u><u>8,366</u></u>		<u><u>11,527</u></u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>8,266</u>		<u>11,427</u>
SHAREHOLDERS' FUNDS			<u><u>8,366</u></u>		<u><u>11,527</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

First Adapt Limited (Registered number: 05689075)

Abbreviated Balance Sheet - continued
31 March 2016

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 6 June 2016 and were signed on its behalf by:

B Johnson - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 31 March 2016

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **TANGIBLE FIXED ASSETS**

	Total £
COST	
At 1 April 2015	
and 31 March 2016	3,545
DEPRECIATION	
At 1 April 2015	2,451
Charge for year	274
At 31 March 2016	2,725
NET BOOK VALUE	
At 31 March 2016	820
At 31 March 2015	1,094

3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2016 £	2015 £
100	Ordinary	£1	100	100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.