

BODYFIX LIMITED
ABBREVIATED ACCOUNTS
for the year ended
30th September 2008

Company Registration Number 05684169



MITCHELL CHARLESWORTH
Chartered Accountants
Manchester

BODYFIX LIMITED

Abbreviated Accounts

Year ended 30th September 2008

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BODYFIX LIMITED

Abbreviated Balance Sheet

30th September 2008

	Note	2008 £	2007 £
Fixed assets	3		
Tangible assets		10,541	13,942
Current assets			
Debtors		34,672	2,929
Cash at bank and in hand		1,243	3,466
		<u>35,915</u>	<u>6,395</u>
Creditors: Amounts falling due within one year		<u>40,216</u>	<u>46,346</u>
Net current liabilities		<u>(4,301)</u>	<u>(39,951)</u>
Total assets less current liabilities		<u>6,240</u>	<u>(26,009)</u>
Creditors: Amounts falling due after more than one year		<u>16,599</u>	<u>16,599</u>
		<u>(10,359)</u>	<u>(42,608)</u>
Capital and reserves			
Called-up equity share capital	5	1	1
Profit and loss account		<u>(10,360)</u>	<u>(42,609)</u>
Deficit		<u>(10,359)</u>	<u>(42,608)</u>

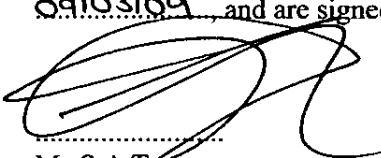
The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of the financial statements for the year by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps proper accounting records which comply with section 221 of the Act, and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

These abbreviated accounts were approved by the directors and authorised for issue on 09/10/09, and are signed on their behalf by:


Ms S A Turner

The notes on pages 2 to 3 form part of these abbreviated accounts.

BODYFIX LIMITED

Notes to the Abbreviated Accounts

Year ended 30th September 2008

1. Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with applicable UK accounting standards.

Cash flow statement

The directors have taken advantage of the exemption in Financial Reporting Standard No 1 (Revised 1996) from including a cash flow statement in the financial statements on the grounds that the company is small.

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year.

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Leasehold Property Improvements	- Over the period of the lease
Medical Equipment	- 25% Reducing balance
Fixtures & Fittings	- 25% Reducing balance

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the Balance Sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less tax.

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted.

Deferred tax is measured on an undiscounted basis at the rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the Balance Sheet date.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

BODYFIX LIMITED

Notes to the Abbreviated Accounts

Year ended 30th September 2008

2. Going Concern

The directors are of the opinion that it is appropriate to prepare the financial statements on the going concern basis due to their continued support for the foreseeable future.

3. Fixed assets

	Tangible Assets £
Cost	
At 1st October 2007	21,750
Additions	<u>100</u>
At 30th September 2008	<u>21,850</u>
Depreciation	
At 1st October 2007	7,808
Charge for year	<u>3,501</u>
At 30th September 2008	<u>11,309</u>
Net book value	
At 30th September 2008	<u>10,541</u>
At 30th September 2007	<u>13,942</u>

4. Related party transactions

The company was under the control of Ms S A Turner throughout the current and previous period. At the year end the company owed the Ms S A Turner £54,999.(2007: £49,999) £38,400 (2007: £38,400) is due within one year and £16,599 (2007: £11,599) after one year.

During the year the company paid expenses on Bodyline Slimming Limited's behalf, a company under common control. Ms S A Turner is a director and shareholder in Bodying Slimming Limited and at the 30th September 2008 Bodying Slimming Limited owed the company £33,088 (2007:£4,381 creditor).

5. Share capital

Authorised share capital:

	2008 £	2007 £
1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1</u>

Allotted, called up and fully paid:

	2008 No	£	2007 No	£
Ordinary shares of £1 each	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>

Mitchell Charlesworth

Chartered Accountants

Brazennose House West Brazennose Street Manchester

BODYFIX LIMITED

Accountants' Report to the Directors of Bodyfix Limited

Year ended 30th September 2008

In accordance with our terms of engagement, and in order to assist you to fulfil your duties under the Companies Act 1985, we have compiled the financial statements of the company set out on pages 1 to 3 from the accounting records and information and explanations you have given to us.

This report is made to the Company's Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England and Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 30th September 2008 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 1985. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Brazennose House West
Brazennose Street
Manchester
M2 5FE

9th March 2009

Mitchell Charlesworth
MITCHELL CHARLESWORTH
Chartered Accountants