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288a

Please complete in typescript,
or in bold black capitals.

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHFP025

Company Number

5673458

Company Name in full

Life Academy

**Appointment
form**

Appointment as director

as secretary

X

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

*Style / Title

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

Surname

Thomas Eggar Secretaries Limited

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

The Corn Exchange, Baffins Lane

Post town

Chichester

Postcode

PO19 1GE

County / Region

West Sussex

Country

UK

†Nationality

†Business occupation

†Other directorships
(additional space overleaf)

I consent to act as ~~XXXX~~ / secretary of the above named company

Consent signature

FOR AND ON BEHALF OF
THOMAS EGGAR SECRETARIES LIMITED

Date

19/1/06

* Voluntary details.
† Directors only.
** Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

12.1.06

(** a director / secretary / authorised signatory / authorised signatory / authorised signatory / authorised signatory / authorised signatory)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

Thomas Eggar
76 Shoe Lane
London
EC4A 3JB

Tel 020 7842 0000

DX number LDE 183

DX exchange London/Chancery Lane

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.