



Companies House

for the record

Please complete in typescript,
or in bold black capitals.

CHWP000

288b

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

05659664

Company Name in full

THE GYM LIMITED

Date of termination of appointment

Day	Month	Year
25	06	2008

as director

☐

as secretary

☒

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes

NAME

*Style / Title

*Honours etc

Please insert
details as
previously
notified to
Companies House

Forename(s)

IAN WILLIAM

Surname

ALLEN

†Date of Birth

Day	Month	Year

A serving director, secretary etc must sign the form below

Signed

Date

16.7.08

* Voluntary details

† Directors only

** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but
if you do, it will help Companies
House to contact you if there is a
query on the form. The contact
information that you give will be
visible to searchers of the public

Tel	
DX number	DX exchange

code

charge



A90TL1HF

A12

17/07/2008

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COMPANIES HOUSE

Form revised 10/03

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh

THURSDAY