



Please complete in typescript,
or in bold black capitals

CHFP025

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5659669

Company Name in full

~~INGLEDY (1692) LIMITED~~

THE GYM LIMITED

Date of
appointment

Day Month Year
2 9 0 6 2 0 0 7

† Date of
Birth

Day Month Year
2 1 0 5 1 9 6 2

Appointment form

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes

NAME

*Style / Title

MR

*Honours etc

Notes on completion
appear on reverse

Forename(s)

PHILIP WILLIAM

Surname

NEWBOROUGH

Previous
Forename(s)

Previous

Surname(s)

Usual residential
address ††

19B ERLEIGH COURT DRIVE, ERLEY

Post town

READING

Postcode

RG6 1EB

County / Region

BERKSHIRE

Country

UK

† Nationality

BRITISH

† Business occupation

DIRECTOR

† Other directorships
(additional space overleaf)

PLEASE SEE ATTACHED

Consent signature

Date

29/6/2007

* Voluntary details
† Directors only
** Delete as appropriate

A director, secretary etc must sign the form below.

Signed

I. W. All

Date

29/6/2007

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

Wragge & Co LLP (REF JRH/JVG)

55 Colmore Row
Birmingham
B32 4AS

Tel 0121 233 1000

~~DX number DX 13036~~ DX exchange Birmingham †

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



A47 163
AA7K7QX5
03/07/2007
COMPANIES HOUSE

Company Number

5659669

† Directors only

† Other directorships

*See attached***NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company

Philip Newborough

01 07 07

Directorships in the last five years

<u>Name of Company</u>	<u>Appointed</u>	<u>Resigned</u>
Bridges Community Ventures Ltd	20/03/2002	
Bridges Community Ventures (General Partner) Limited	15/03/2002	
Bridges Community Ventures (Scotland) Limited	03/05/2002	
Bridges Community Ventures Nominees Limited	11/06/2002	
Simply Energy Limited	12/12/2002	Yes
HS Atec	02/10/2003	Yes
The Office (Islington)	10/09/2003	
The Office (Kings Cross)	20/09/2004	
WS Hotels Limited	06/04/2004	
Willow Street Hotel Limited	06/04/2004	
Pure Washrooms	11/11/2004	Yes 11/04/06
Insurance Dialogue Limited	13/05/2005	
Sportizus Limited	11/07/2005	Yes
The Office (Farringdon)	15/07/2005	
Cheriton Parc Hotel Limited	03/03/2006	
Bridges Community Ventures II (General Partner) Limited	29/03/2006	
Bridges Community Ventures II (Scotland) Limited	10/04/2006	

02/07/2007