



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **FIT-FUR-LIFE LIMITED**

Company Number: **05619044**

Date of this return: **22/06/2012**

SIC codes: **46690**

Company Type: **Private company limited by shares**

Situation of Registered Office: **19 SOUTH LEYS
FERNHURST
SURREY
GU27 3LD**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **JACQUELINE**

Surname: **SAXBY**

Former names:

Service Address: **3 THE PINES
LAINDON
BASILDON
SS15 4DW**

Company Director **1**

Type: **Person**

Full forename(s): **MR BRENDAN WYNNE DEREK**

Surname: **CONNOLLY**

Former names:

Service Address: **55 MELBURY ROAD
LONDON
UNITED KINGDOM
W14 8AD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **10/04/1956** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **MR MARTIN MUIR**

Surname: **FOTHERINGHAM**

Former names:

Service Address: **5 WEST MALLIONS
HAYWARDS HEATH
WEST SUSSEX
UNITED KINGDOM
RH16 4HP**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **23/01/1965** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Company Director **3**

Type: **Person**

Full forename(s): **MS SAMANTHA JANE**

Surname: **FRENCH**

Former names:

Service Address: **19 SOUTH LEYS
FERNHURST
SURREY
GU27 3LD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **30/01/1971**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	A ORDINARY	<i>Number allotted</i>	15625
		<i>Aggregate nominal value</i>	156.25
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NOTE 6			

Class of shares	B ORDINARY	<i>Number allotted</i>	10000
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NOTE 6			

Class of shares	C ORDINARY	<i>Number allotted</i>	1053
		<i>Aggregate nominal value</i>	10.53
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NOTE 6			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	26678
		<i>Total aggregate nominal value</i>	266.78

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 22/06/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **15625 A ORDINARY shares held as at the date of this return**
Name: **SAMANTHA FRENCH**

Shareholding 2 : **0 C ORDINARY shares held as at the date of this return**
527 shares transferred on 2011-12-01
Name: **JAMES CAAN FIT FUR LIFE LTD**

Shareholding 3 : **0 B ORDINARY shares held as at the date of this return**
10000 shares transferred on 2011-12-01
Name: **JAMES CAAN**

Shareholding 4 : **526 C ORDINARY shares held as at the date of this return**
Name: **SMANATHA FRENCH**

Shareholding 5 : **4736 B ORDINARY shares held as at the date of this return**
Name: **BRENDAN CONNOLLY**

Shareholding 6 : **527 C ORDINARY shares held as at the date of this return**
Name: **BRENDAN CONNOLLY**

Shareholding 7 : **2632 B ORDINARY shares held as at the date of this return**
Name: **ALEXA CONNOLLY**

Shareholding 8 : **2632 B ORDINARY shares held as at the date of this return**
Name: **MARTIN FOTHERINGHAM**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.