



Companies House

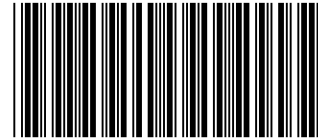
— for the record —

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Appointment of a Director or Secretary

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**



Received for filing in Electronic Format on the: **25/10/2005**

XTSW19TH

New Appointment Details

Position: **DIRECTOR** *Date of Appointment:* **25/10/2005**

Name: **MS KATIE JANE FREESTONE**

Consented to Act: **Yes**

Usual Residential Address **14 ST ANN'S PARK ROAD
WANDSWORTH
LONDON
ENGLAND SW18 2RW**

Date of Birth: **29/12/1971** *Nationality:* **ENGLISH**

Occupation: **PR CONSULTANT**

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **25/10/2005** *Authenticated:* **Yes (E/W)**