

**Return of Allotment of Shares**Company Name: **RUDE HEALTH FOODS LIMITED**Company Number: **05602067**Received for filing in Electronic Format on the: **20/11/2015**

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Shares Allotted (including bonus shares)

Date or period during which shares are allotted	From	To
	28/04/2015	11/05/2015

Class of Shares:	ORDINARY	Number allotted	17000
Currency:	GBP	Nominal value of each share	1
		Amount paid:	1
		Amount unpaid:	0

No shares allotted other than for cash

Statement of Capital (Share Capital)

Class of Shares:	ORDINARY	Number allotted	406500
Currency:	GBP	Aggregate nominal value:	406500
		Amount paid per share	1
		Amount unpaid per share	0

Prescribed particulars

FULL

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	406500
		Total aggregate nominal value:	406500

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Administrator, Administrative Receiver, Receiver, Receiver Manager, CIC Manager.