



Companies House
— for the record —

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Return of Allotment of shares

Received for filing in Electronic Format on the: **08/06/2009**



Company Number: **05602067**

Company Name **RUDE HEALTH FOODS LIMITED**
in full:

Shares Allotted (including bonus shares)

<i>Date or period during which shares are allocated</i>	<i>From</i>	<i>To</i>
	26/05/2009	02/06/2009

Class of shares	ORDINARY	<i>Number allotted</i>	100000
<i>Currency</i>	GBP	<i>Nominal value of each share</i>	1.00

*Amount paid or due on each share
(including any share premium)* **1**

No shares allotted other than for cash

Names, addresses and share details of the allottees

Name: **NICK BARNARD**

Class of shares allotted: **ORDINARY**

Number allotted: **48511**

Address: **80 ST ANN'S HILL
WANDSWORTH
LONDON
UNITED KINGDOM
SW18 2RP**

Name: **CAMILLA BARNARD**

Class of shares allotted: **ORDINARY**

Number allotted: **48511**

Address: **80 ST ANN'S HILL
WANDSWORTH
LONDON
UNITED KINGDOM
SW18 2RP**

Name: **JONATHAN BOULDIN**

Class of shares allotted: **ORDINARY**

Number allotted: **354**

Address: **37 DRIVE MANSIONS
FULHAM ROAD
LONDON
UNITED KINGDOM
SW6 5JD**

Name: **DAVID ENO**

Class of shares allotted: **ORDINARY**

Number allotted: **500**

Address: **PEN-INNEY COTTAGE LEWANNWICK
LAUNCESTON
CORNWALL
UNITED KINGDOM
PL15 7QD**

Name: **RUTH HOFMANN**

Class of shares allotted: **ORDINARY**

Number allotted: **2124**

Address: **SCHIFFLIWEG 2 8700
KUSNACHT
SWITZERLAND**

Authorisation

Authoriser Designation: **secretary**

Date Authorised: **08/06/2009**

Authenticated: **Yes (E/W)**