



Companies House
for the record

88(2)

Return of Allotment of Shares

Please complete in typescript, or
in bold black capitals.

CHWP000

Company Number

5602067

Company name in full

RUDE HEALTH FOODS LIMITED

Shares allotted (including bonus shares):

Date or period during which
shares were allotted

(If shares were allotted on one date
enter that date in the "from" box)

From

Day Month Year

1	0	0	7	2	0	0	8
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To

Day Month Year

3	1	0	7	2	0	0	8
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Class of shares
(ordinary or preference etc)

ORDINARY

Number allotted

33000

Nominal value of each share

1

Amount (if any) paid or due on each
share (including any share premium)

5

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be
treated as paid up

Consideration for which
the shares were allotted

(This information must be supported by
the duly stamped contract or by the duly
stamped particulars on Form 88(3) if the
contract is not in writing)

When you have completed and signed the form send it to
the Registrar of Companies at:

Companies House, Crown Way, Cardiff CF14 3UZ
For companies registered in England and Wales

DX 33050 Cardiff

FRIDAY



A50

AQLPK2HD

22/08/2008

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COMPANIES HOUSE

Shareholder details		Shares and share class allotted	
Name PETER SCANDRET Address GOWANLEA, BIRDLIP, UK Postcode GL4 8 LH		Class of shares allotted	Number allotted
		ORDINARY	6000
Name RUTH HOFMANN Address FLAT 2, 130 BELGRAVE ROAD, LONDON UK Postcode SW1V 2BL		Class of shares allotted	Number allotted
		ORDINARY	6000
Name MR TREVOR JOHN THORMAN & MR STUART BOYDE MACWHIRTER Address C/O THE HAY GROUP, SUITE 5, 78 PARKSIDE, LONDON UK Postcode SW1P 6LN		Class of shares allotted	Number allotted
		ORDINARY	12000
Name FT LUCKMAN HOLDINGS LIMITED Address 4 WEST HILL ROAD, LONDON UK Postcode SW1L 8LN		Class of shares allotted	Number allotted
		ORDINARY	6000
Name JONATHAN BOULDIN Address 37 DRIVE MANSIONS, LONDON UK Postcode SW6 1PD		Class of shares allotted	Number allotted
		ORDINARY	1000

Please enter the number of continuation sheets (if any) attached to this form

1

Signed

[Signature]

Date

11/8/08

A director / secretary / administrator / administrative receiver / receiver manager / receiver

Please delete as appropriate

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact

JONATHAN BOULDIN

1 GLENVILLE MEWS, KIMBER ROAD, LONDON, SW18 4NJ

0208 877 9821

• **Names and addresses of the allottees** (List joint share allotments consecutively)

Shareholder details	Shares and share class allotted	
Name EMMA CHRISTIE Address 110 MELODY ROAD, LONDON, UK Postcode E W 1 8 2 Q E	Class of shares allotted ORDINARY	Number allotted 1000
Name KLB LIMITED Address HOME HOUSE, ST JAMES, SHAFTESBURY, DORSET UK Postcode S P 7 L 2 J A	Class of shares allotted ORDINARY	Number allotted 1000
Name Address UK Postcode	Class of shares allotted	Number allotted
Name Address UK Postcode	Class of shares allotted	Number allotted
Name Address UK Postcode	Class of shares allotted	Number allotted

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Date

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Tel	
DX number	DX exchange