

**CALMING INFLUENCES LIMITED  
ABBREVIATED ACCOUNTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2014**

Berrywood Accountants

The Studio  
Wintershill Hall  
Durley  
Hampshire  
SO32 2AL

**Calming Influences Limited**  
**Company No. 05557345**  
**Abbreviated Balance Sheet 30 September 2014**

		<b>2014</b>		<b>2013</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>					
Tangible assets	<b>2</b>		831		640
			831		640
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		7,278		6,382	
		7,278		6,382	
<b>Creditors: Amounts Falling Due Within One Year</b>		(3,652)		(588)	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			3,626		5,794
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			4,457		6,434
<b>Creditors: Amounts Falling After More Than One Year</b>	<b>3</b>		-		(5,451)
<b>NET ASSETS</b>			4,457		983
<b>CAPITAL AND RESERVES</b>					
Called up share capital	<b>4</b>		1		1
Profit and Loss account			4,456		982
<b>SHAREHOLDERS' FUNDS</b>			4,457		983

**Calming Influences Limited**  
**Company No. 05557345**  
**Abbreviated Balance Sheet (continued) 30 September 2014**

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For the year ending 30 September 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Director's responsibilities**

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

On behalf of the board

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**Mrs Jackie James**

**02/04/2015**

**Calming Influences Limited**  
**Notes to the Abbreviated Accounts**  
**For The Year Ended 30 September 2014**

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**1 . Accounting Policies**

**1.1 . Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**1.2 . Turnover**

Turnover comprises the invoiced value of goods and services supplied by the company.

**1.3 . Tangible Fixed Assets and Depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	20% straight line
Computer Equipment	3 years straight line

**2 . Tangible Assets**

	<b>Total</b>
<b>Cost</b>	<b>£</b>
As at 1 October 2013	5,225
Additions	645
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As at 30 September 2014	5,870
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<b>Depreciation</b>	
As at 1 October 2013	4,585
Provided during the period	454
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As at 30 September 2014	5,039
	<hr/> <hr/>
<b>Net Book Value</b>	
As at 30 September 2014	831
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As at 1 October 2013	640
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**3 . Creditors: Amounts Falling After More Than One Year**

	<b>2014</b>	<b>2013</b>
	<b>£</b>	<b>£</b>
Directors loan account	-	5,451
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**4 . Share Capital**

	<b>Value</b>	<b>Number</b>	<b>2014</b>	<b>2013</b>
	<b>£</b>		<b>£</b>	<b>£</b>
<b>Allotted, called up and fully paid:</b>				
Ordinary shares	1,000	1	1	1
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>



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