

COMPANY REGISTRATION NUMBER 05552172

CHARITY NUMBER 1119652

**MENTAL HEALTH NORTH EAST
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**



MENTAL HEALTH NORTH EAST

FINANCIAL STATEMENTS

YEAR END 31 MARCH 2022

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MENTAL HEALTH NORTH EAST
MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

Trustees	Neil Kelly (Chair) - deceased Lynne Blakey Lyn Boyd Alisdair Cameron
Company number	05552172
Registered office	Birtley CDC Drum Park Drum Industrial Estate Chester-le-Street County Durham DH2 1AE
Accountants	Rona Kerr Accountants Tanfield Lea Business Centre Tanfield Lea North Industrial Estate Stanley County Durham DH9 9DB
Bankers	The Co-Operative P.L.C. P.O. Box 101 1 Balloon Street Manchester M60 4EP Unity Trust Bank 9 Brindley Place Birmingham B1 2HB

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

TRUSTEES ANNUAL REPORT

YEAR END 31 MARCH 2022

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements of the charity for the year ended 31 March 2022.

Introduction

The following information about the financial year 2021/22 is presented in the format required by the Charity Commission.

Objectives and Activities

MHNE's key function is to support and strengthen our membership (Not for Profit/Voluntary and Community Sector organisations) in the planning, design and deliver of high-quality services that improve the mental health, economic and social wellbeing of the north east region.

MHNE is the regional infrastructure organisation whose members is open to all third sector agencies with an interest in Mental Health and Well Being and sign the MHNE Charter outlining member standards.

MHNE:

- Is able to provide representation at a regional level
- Provides a regional voice for small, medium and large organisations
- Enables dialogue between small and large statutory and non-statutory organisations.
- Enables collaboration that improves Mental Health and Well Being for the mental health service users and the general population.
- Will be the first point of contact for statutory commissioners and providers in relation to the third sector and Mental Health at both local and regional levels.
- Will provide a 'sounding board' and 'critical friend' function for:
 - Central, regional and local government
 - Central, regional and local health agencies
 - Our own member/sector
- Will provide a resource for information
- Will provide support to and work in liaison with User groups and Carer groups.
- Will lobby and campaign on behalf of our member groups.

Public Benefit

The trustees are satisfied that they have complied with the duty in section 17 of the Charities Act 2011 to have due regards to public benefit guidance published by the Charity Commission.

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

TRUSTEES ANNUAL REPORT *(continued)*

YEAR END 31 MARCH 2022

Achievements and performance

Despite the difficulties caused by the covid pandemic MHNE continued to offer our service. Due to safeguarding only one person was allowed in the office at any one time and other volunteers worked at home. Bulletins were published once a month and widely distributed plus our social media – tweeting and facebook – continued without interruption. Planting for the Future project was finalised and reports were compiled. MHNE campaigned for improved mental health services and mental health support was given via telephone to individuals – this support was considerable and time consuming due to the additional and specific problems caused by isolation and loneliness caused by lockdown. Our team continued to work together despite difficulties such as not being able to meet in person and the public continued to support our efforts and achievements.

Financial review

Income for the year is £8,024 made up of £7,025 unrestricted and £999 restricted compared to £29,367 last year.

Outgoings for the year is £16,877 made up of £8,059 unrestricted and £8,818 restricted.

Deficit for the year is £8,853 compared to a surplus of £9,831 last year.

The balance of funds is £13,709, all of the restricted projects have been completed therefore the balance is unrestricted.

The transfer between funds of £5,380 relates to restricted costs which have been allocated to unrestricted projects in previous years.

Plans for future period

MHNE will produce a full report of the 100 Years of Progress? Conference to be circulated to attendees, funders etc. Due to the success of the Planting for the Future project we will be looking to continue our work in the countryside with a follow up project – possibly to look at the impact of covid on mental health and how time in the countryside can help combat the worst effects of lockdown.

Structure, governance and management

The Charity's full name is Mental Health North East ("MHNE")

MHNE is a company limited by guarantee number 05552172 incorporated on 2 September 2005 and is governed by its article and memorandum. It is a registered charity, number 1119652.

Reference and administrative details

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 1 of the financial statements.

Statement of trustee's responsibilities

The trustees (who are also the directors of Mental Health North East for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law required the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

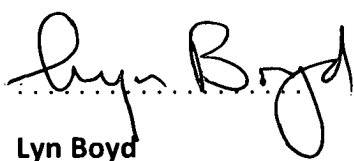
In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principals in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with the reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the trustees on 14 September 2023 and signed on their behalf by :



Lyn Boyd

Trustee

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR END 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£	£
INCOME AND EXPENDITURE					
INCOME RESOURCES					
Income resources from					
Generated funds:		-	-	-	4,400
Voluntary income	2	7,025	999	8,024	24,967
Total incoming resources		7,025	999	8,024	29,367
RESOURCES EXPENDED					
Charitable activities		3,330	8,818	12,148	19,536
Indirect costs	3	4,729	-	4,729	-
Total resources expended		8,059	8,818	16,877	19,536
Net Incoming/(Outgoing)					
Resources for the year		(1,034)	(7,819)	(8,853)	9,831
Gross transfers between funds		5,380	(5,380)	0	0
Gross movement in funds		4,346	(13,199)	(8,853)	9,831
Balances brought forward		9,363	13,199	22,562	12,731
Balances carried forward		13,709	-	13,709	22,562

The charity has no recognised gains or losses other than the results for the year as set out above.

All the activities of the charity are classed as continuing.

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

BALANCE SHEET

YEAR END 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Current Assets				
Debtors: amounts falling due within one year				0
Cash at Bank and in Hand	15,595	-	15,595	22,562
	<u>15,595</u>	<u>-</u>	<u>15,595</u>	<u>22,562</u>
Creditors				
Amounts falling due within one year	1,886	-	1,886	0
	<u>1,886</u>	<u>-</u>	<u>1,886</u>	<u>0</u>
Net Current Assets	<u>13,709</u>	<u>-</u>	<u>13,709</u>	<u>22,562</u>
Total Assets less Current Liabilities	<u>13,709</u>	<u>-</u>	<u>13,709</u>	<u>22,562</u>
Funds				
Restricted			-	13,199
Unrestricted			13,709	9,363
Total Funds			<u>13,709</u>	<u>22,562</u>

The trustees are satisfied that the company is entitled to exemptions from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477 and that no member of members have requested an audit pursuant to section 476 of the Act.

The trustees acknowledge their responsibilities for:

- (i) Ensuring that the company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) Preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 394 and 395 and which otherwise comply with the requirements of the Act relating to the financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These financial statements were approved by the trustees on the 14th Sept '23 and are signed on their behalf by:

Lyn Boyd
Trustee

A handwritten signature in black ink, appearing to read 'Lyn Boyd', written in a cursive style.

The notes on pages 8 to 10 form part of these financial statements.

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

NOTES FOR THE FINANCIAL STATEMENTS

YEAR END 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historic cost convention in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Income

Income is recognised in the period in which the charitable company is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the charity must fulfil conditions before becoming entitled to it, or where the donor specifies that it is to be expended in a future period.

Donations and grants

Income from donations and grants, including capital grants, is included in incoming resources when these are receivable, except as follows:

- When the donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.
- When the donors impose conditions, which must be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

Voluntary income

Voluntary income received by way of donations and gifts to the charity are included in full in the statement of financial activities when received.

Charitable activities

Mental Health North East has taken advantage of the exemption provided by the Charities SORP, not to use the expenditure headings and sub-headings as defined by the SORP.

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

NOTES FOR THE FINANCIAL STATEMENTS

YEAR END 31 MARCH 2022

1 ACCOUNTING POLICIES *(continued)*

Resources expended

Resources expended are included in the Statement of Financial Activities on an accrual basis, inclusive of any VAT, which cannot be recovered.

Expenditure is recognised when a liability is incurred:

Fund accounting

Funds held by the charity are either:

- Unrestricted general funds, these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.
- Restricted funds – these are funds that can only be used for particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2 Voluntary Income	2022	2021
	£	£
Invoice	-	253
Donations	8,024	24,714
	<u>8,024</u>	<u>24,967</u>

3 Employee Information

Staff Costs	2022	2021
	£	£
Wages & Salaries	-	-
Social Security costs	-	-
Redundancy	-	-
	<u>-</u>	<u>-</u>

Average number of staff employed	2022	2021
Management and administration of staff	<u>0</u>	<u>0</u>

No member of staff earned above £60,000 during the year.

**MENTAL HEALTH NORTH EAST
COMPANY LIMITED BY GUARANTEE**

NOTES FOR THE FINANCIAL STATEMENTS

YEAR END 31 MARCH 2022

Trustee's Expenses

There were no trustee's remunerations or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' Expenses	2022	2021
	£	£
Lyn Boyd	75	863
Neil Kelly	-	13
	<u>75</u>	<u>876</u>

4	Creditors: Amounts falling due within One Year	2022	2021
		£	£
	Accruals	<u>1,886</u>	<u>-</u>

5	Movement in Funds	As at 01/04/21	Income	Expenditure	Transfer Between Funds	As at 31/03/22
	Restricted Funds	£	£	£	£	£
	Greening the Gap	891	-	-	(891)	-
	North Durham Women's Centre	4,503	-	-	(4,503)	-
	Planting for the Future	7,805	999	8,818	14	-
	Total Restricted Funds	13,199	999	8,818	(5,380)	-
	Unrestricted Funds	9,363	5,380	8,059	5,380	13,709
	Total Funds	<u>22,562</u>	<u>6,379</u>	<u>16,877</u>	<u>-</u>	<u>13,709</u>

Transfers between funds is to correct expenditure incorrectly posted to unrestricted funds in previous years.

6 Control

The ultimate control of the charity rests with the Board of Trustees.