pwever, contains no inbuilt checks and must be printed, signed and posted to Companies House for manua



## Companies House

for the recent -

Please complete in typescript,

**APPOINTMENT of director or secretary** (NOT for resignation (use Form 288b) or change

or in bold black ca	apıtals.	of particulars (use Form 288c))		
CHWP000	Company Number	5530294		
Company Name in full		SLOW FOOD UK LIMITED		
		Day Month Year Da	y Month Year	
	Date of appointment	23112007 Date of Birth 219	9 0,5 1,977	
Appointment form Notes on completion appear on reverse	Appointment as director		ne appropriate box if appointment is nu secretary mark both boxes	
	NAME *Style / Title	*Honours etc		
	Forename(s)	SILVIA		
†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985	Surname	MONASTEROW		
	Previous Forename(s)	Previous Surname(s)		
	<sup>††</sup> Usual residential address	STRADA CRAVERE 2911		
	Post town	POCAPAGUA Postcode	12060	
	County / Region	COuntry	ITALY	
	†Nationality	TALIAN †Business occupation EMPLOYEE		
/-	†Other directorships			
(additional space overleaf)		I consent to act as ** director / secretary of the about	ove named company	
	Consent signature	Show Mongando Date	261412007	
Voluntary details Directors only		A director, secretary etc must sign the form below.		
**Delete as appropriate	Signed	J. G.Flenning Date	10/12/07	
You do not have to give any contact information in the box opposite but if you		(**a director / secretary / administrator / administrative receiver / rec	eiver manager / receiver)	
do, it will help Companies House to				
contact you if there is a query on the				
form The contact information that you give will be visible to searchers of the		Tel		
public record		DX number DX exchange		

Form 10



A01 22/12/2007 **COMPANIES HOUSE**  strar of Companies at

DX 33050 Cardiff ipanies House, Crown Way, Cardiff, CF14 3UZ ompanies registered in England and Wales ipanies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh ompanies registered in Scotland or LP - 4 Edinburgh 2

	Company Number	
† Directors only	†Other directorships	

## **NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

## Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company