

**I AM NATURAL LIMITED  
ABBREVIATED ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2016**

**MAGEE GAMMON**

Chartered Accountants

Henwood House

Henwood

Ashford

Kent

TN24 8DH

**I AM NATURAL LIMITED**  
**REGISTERED NUMBER: 05516277**

**ABBREVIATED BALANCE SHEET**  
**AS AT 31 MARCH 2016**

	<u>Note</u>	2016	2015
<b>FIXED ASSETS</b>			
Tangible assets	2	1,193	1,239
<b>CURRENT ASSETS</b>			
Stocks		3,000	2,000
Debtors		200	203
Cash at bank		<u>652</u>	<u>448</u>
		3,852	2,651
<b>CREDITORS: amounts falling due within one year</b>		<u>(5,613)</u>	<u>(5,047)</u>
<b>NET CURRENT LIABILITIES</b>		<u>(1,761)</u>	<u>(2,396)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		£ <u>(568)</u>	£ <u>(1,157)</u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	3	100	100
Profit and loss account		<u>(668)</u>	<u>(1,257)</u>
<b>SHAREHOLDERS' DEFICIT</b>		£ <u>(568)</u>	£ <u>(1,157)</u>

The director considers that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2016 and of its profit for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts, which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, were approved and authorised for issue by the board and were signed on its behalf on 13 December 2016.

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**Ms E Cohen**  
Director

The notes on pages 2 to 3 form part of these financial statements.

# I AM NATURAL LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

### 1. Accounting Policies

#### 1.1 Basis of preparation of financial statements

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

#### 1.2 Turnover

Turnover comprises revenue recognised by the company in respect of goods and services supplied during the year, exclusive of trade discounts.

#### 1.3 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Leasehold property improvements	-	Not depreciated
Plant and machinery	-	15% reducing balance
Computer equipment	-	33% straight line

#### 1.4 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

### 2. Tangible fixed assets

#### Cost

At 1 April 2015 and 31 March 2016	<u>3,494</u>
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#### Depreciation

At 1 April 2015	2,255
Charge for the year	<u>46</u>
At 31 March 2016	<u>2,301</u>

#### Net book value

At 31 March 2016	£ <u>1,193</u>
At 31 March 2015	£ <u>1,239</u>

# **I AM NATURAL LIMITED**

## **NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016**

### **3. Share capital**

	<b>2016</b>	<b>2015</b>
<b>Allotted, called up and fully paid</b>		
100 Ordinary shares of £1 each	£ <u>100</u>	£ <u>100</u>

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