



288a

Please complete in typescript,
or in bold black capitals.

CHFP025

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5511396

Company Name in full

FSHC OPCO ACQUISITIONS LIMITED

Date of
appointment

Day Month Year
2 1 0 7 2 0 0 5

† Date of
Birth

Day Month Year
0 4 0 8 1 9 7 2

Appointment form Appointment as director

☒

as secretary

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

*Style / Title

MR

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

DOMINIC

Surname

KAY

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address ††

4 GLYN AVENUE

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985



Post town

HALE

Postcode

WA15 9DG

County / Region

CHESHIRE

Country

UK

† Nationality

BRITISH

† Business occupation

SOLICITOR

† Other directorships
(additional space overleaf)

Please see attached list

* Voluntary details.

† Directors only.

**Delete as appropriate

Consent signature

Date

21 JULY 2005

A director, secretary etc must sign the form below.

Signed

Date

21 JULY 2005

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

Macfarlanes

10 Norwich Street
London
EC4A 1BD

JCG/588193/2777243

Tel +44 (0)20 7831 9222

DX number 138

DX exchange Chancery Lane

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



LD4
COMPANIES HOUSE

L2NG2765

0085
22/07/05

Company Number 5511396

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

Directorships – Dominic Kay

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Current directorships

The High Street Bar & Restaurant Group Limited
Caledonian Care Limited
Continental 89 Limited
Fife Health Care Limited
Fife Developments Limited
Tamaris (Scotland) Limited
Duncare Limited
Forebank Limited
Four Seasons Healthcare (Scotland) Limited
Fife Nursing Services Limited
Fife Nursing Homes Limited
Four Seasons Health Care (Capital) Limited
Four Seasons Group Holdings Limited
FSHC Properties (CH2) Limited
BetterCare 2000 Limited
BetterCare Beechcare Limited
BetterCare No. 1 Limited
BetterCare Rosedale Limited
BetterCare U.K. Limited
BetterCare NWMC Housing Limited
BetterCare Nursing Home Estates Limited
BetterCare Cherry Tree Homes Limited
Bearehill Limited
Tamaris (Templemoyle) Limited
Laurels Lodge Limited
Continental 92 Limited
Caledonian Care (Turriff) Limited
North East Pharmacies Limited
St. Cuthberts Nursing Agency Limited
Tamaris (England) Limited
Keelex 115 Limited
Regency House Limited
Four Seasons Homes No. 3 Limited
Four Seasons Homes (Ilkeston) Limited
FSHC Properties (BIR) Limited
FSHC (SP) Limited
The Huntercombe Edinburgh Hospital Limited
Four Seasons Health Care (BC) Limited
BetterCare NWMC Limited
Summerdale Court Limited
Four Seasons Homes No. 2 Limited
Four Seasons Health Care Properties (Care Homes) Limited
Four Seasons Nursing Services Limited
FSHC Holdings (UK) Limited
FSHC Corporate Services Limited
Four Seasons Homes No. 1 Limited
Vale Court Care Home Limited
Four Seasons Homes No. 5 Limited
Linecrest (2001) Limited
Springfield House (Oaken) Limited

Linecrest Limited
 Four Seasons Health Care Properties (Frenchay) Limited
 Four Seasons Homes No. 4 Limited
 FSHC (UK) Limited
 FSHC Management Services (Galashiels) Limited
 Huntercombe Manor Limited
 Mericourt Limited
 Acegold Limited
 Cotswold Spa Retirement Hotels Limited
 Roseguard Properties Limited
 Grandcross Limited
 Springfield House (Oaken) (2001) Limited
 Principal Healthcare Finance (UK) No. 2 Limited
 Principal Healthcare Finance (UK) No. 1 Limited
 Principal Healthcare Plc
 Alliance Care (Trendlewood) Limited
 PH Homes Limited
 PH Developments Limited
 PH Property Company Limited
 Alliance Care (Dale Homes) Limited
 Alliance Care (Woodside) Limited
 Evedale Care Home Limited
 The Focus Assessment and Rehabilitation Service Limited
 Atlas Healthcare Limited
 Principal Healthcare Finance Limited
 Four Seasons Health Care Investments Limited
 Four Seasons Health Care Holdings Limited
 County Healthcare Group Limited
 Four Seasons Health Care Group Limited
 Four Seasons Homes No. 6 Limited
 Four Seasons Property Management Limited
 County Healthcare Limited
 Tamaris Healthcare (England) Limited
 Bewick Waverley Limited
 Doulton Court Limited
 Guthrie Court Limited
 Leeland Limited
 Maldcare Limited
 Tamulst Care Limited
 Keslaw Limited
 Chapelfield View Limited
 Dounemead Limited
 The Belmont Nursing Home Limited
 Lisnisky Limited
 Lunan House Limited
 Meadowvale Care Limited
 Osborne Limited
 Ringdane Limited
 Rosevale Lodge Limited
 Saintfield Limited
 Edgewater Lodge Limited
 Chestnut Lodge Limited
 Tamaris (RAM) Limited
 Tamaris (South East) Limited
 Tameng Care Limited

Tamscot Care Limited
Tamhealth Limited
Tammillec Limited
Tamcare Limited
Westview Lodge Limited
Cedarhurst Lodge Limited
Laudcare Limited
Idun Management Services Limited
Lodge Care plc
Lodge Care Services Ltd
Tamaris Management Services Limited
Four Seasons Health Care Properties (Specialist) Limited

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Directorships held in the last five years

Parkway Management Services Limited
The High Street Pub Company Limited
Burntoak Properties Limited
Corn globe Developments Limited