

Abbreviated Unaudited Accounts
for the Year Ended 31 December 2015
for
UK List & Press Services Ltd

**Contents of the Abbreviated Accounts
for the Year Ended 31 December 2015**

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	4

UK List & Press Services Ltd

Company Information
for the Year Ended 31 December 2015

DIRECTORS:

Mrs L J Payne
N L Payne

SECRETARY:

Mrs L J Payne

REGISTERED OFFICE:

Ground Floor, Windmill House
127 - 128 Windmill Street
Gravesend
Kent
DA12 1BL

REGISTERED NUMBER:

05493849

ACCOUNTANTS:

Reynolds - Chartered Accountants
Ground Floor Windmill House
127-128 Windmill Street
Gravesend
Kent
DA12 1BL

Abbreviated Balance Sheet

31 December 2015

	Notes	2015 £	£	2014 £	£
FIXED ASSETS					
Tangible assets	2		18,952		10,630
Investments	3		<u>20</u>		<u>20</u>
			18,972		10,650
CURRENT ASSETS					
Debtors		671,413		687,869	
Cash at bank and in hand		<u>503,358</u>		<u>353,282</u>	
		1,174,771		1,041,151	
CREDITORS					
Amounts falling due within one year		<u>849,899</u>		<u>834,282</u>	
NET CURRENT ASSETS			<u>324,872</u>		<u>206,869</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>343,844</u>		<u>217,519</u>
PROVISIONS FOR LIABILITIES			<u>3,791</u>		<u>1,997</u>
NET ASSETS			<u><u>340,053</u></u>		<u><u>215,522</u></u>
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and loss account			<u>339,953</u>		<u>215,422</u>
SHAREHOLDERS' FUNDS			<u><u>340,053</u></u>		<u><u>215,522</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Abbreviated Balance Sheet - continued
31 December 2015

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 5 August 2016 and were signed on its behalf by:

Mrs L J Payne - Director

N L Payne - Director

**Notes to the Abbreviated Accounts
for the Year Ended 31 December 2015**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 25% on cost, 20% on cost and 10% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2015	25,474
Additions	14,646
Disposals	(724)
At 31 December 2015	<u>39,396</u>
DEPRECIATION	
At 1 January 2015	14,844
Charge for year	6,324
Eliminated on disposal	(724)
At 31 December 2015	<u>20,444</u>
NET BOOK VALUE	
At 31 December 2015	<u>18,952</u>
At 31 December 2014	<u>10,630</u>

3. FIXED ASSET INVESTMENTS

	Investments other than loans £
COST	
At 1 January 2015 and 31 December 2015	<u>20</u>
NET BOOK VALUE	
At 31 December 2015	<u>20</u>
At 31 December 2014	<u>20</u>

Notes to the Abbreviated Accounts - continued
for the Year Ended 31 December 2015

3. FIXED ASSET INVESTMENTS - continued

The company's investments at the Balance Sheet date in the share capital of companies include the following:

Associated company

NWK Strength and Conditioning Ltd

Nature of business: Fitness centre

Class of shares:	% holding	
Ordinary	20.00	31.8.15
		£
Aggregate capital and reserves		1,941
Profit for the year		<u>1,841</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015 £	2014 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

5. ULTIMATE CONTROLLING PARTY

The ultimate controlling party is the Directors.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.