

Cool Recovery
Financial Statements
30 June 2006

Charity Number 1110955

BISHOP FLEMING
Chartered Accountants
50 The Terrace
Torquay



Cool Recovery

Financial Statements

Period from 24 June 2005 to 30 June 2006

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Cool Recovery

Trustees Annual Report

Period from 24 June 2005 to 30 June 2006

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the unaudited financial statements of the charity for the period from 24 June 2005 to 30 June 2006.

Reference and administrative details

Registered Charity Name	Cool Recovery
Charity Registration Number	1110955
Company Registration Number	5490608
Registered Office	Cool House 17 Morgan Avenue Torquay Devon

The trustees

The trustees who served the charity during the period were as follows:

F Etessami	
G A Forward	
V J Rosati	Retired during the year (10/08/2006)
Gwen Butcher	Appointed 9/08/2006
Ron Sewhcomar	Appointed 8/08/2006

Secretary G A Forward

Accountants Bishop Fleming
Chartered Accountants
50 The Terrace
Torquay

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee (incorporated 24 June 2005) and does not have any share capital. It is a registered charity, governed by its memorandum and articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Appointment of trustees

The directors of the company are also charity trustees for the purpose of charity law and are known in the company articles as members of the management committee. Under the requirements of the memorandum and articles of Association as follows:

9.1 The maximum number of Trustees shall be determined by the Company in general meeting, but unless and until so fixed there shall be no maximum number. The minimum number of Trustees shall be three.

9.2 The first Trustees shall be those persons appointed as directors of the Company on its incorporation in accordance with section 13(5) of the Act. Thereafter the Trustees shall be appointed in accordance with the provisions of these Articles. None of the Trustees shall be obliged to retire by rotation.

Cool Recovery

Trustees Annual Report *(continued)*

Period from 24 June 2005 to 30 June 2006

9.3 The Trustees may appoint any individual aged 18 years or over to be a Trustee, either to fill a vacancy amongst the Trustees or as an additional Trustee, provided that the appointment does not cause the number of Trustees to exceed any maximum number for the time being in force pursuant to the provisions of these Articles.

Trustee training and induction

New trustees are encouraged to attend training sessions to familiarise themselves with the charity and the context within which it operates. The training sessions cover the following:

- The obligations of management committee members.
- The main documents which set out the operational framework for the charity including the memorandum and articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Risk management

Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre.

Organisational structure

Related parties

The charity has a contractual relationship with a trustee of the charity, Friederike Etessami with regard to the building, 17 Morgan Avenue. This building is owned by Friederike Etessami and a rental amount of £1 per annum is paid to her for the use of it. A market rate of £1,668 is included in the accounts, in accordance with the SORP 2005.

Objectives and activities

The company's objectives and principal activities are:

- The advancement of health through the provision of care and services in relation to mental illness.

Achievements and performance

C.O.O.L, carers one to one link, was originally set up to support the carers of people with mental health difficulties. COOL has developed into a powerful and much respected supporter of Carers and a knowledgeable voice of Caring.

Over a period it became obvious that, whilst Carers needed the advice, support and comradeship of other carers, there existed yet another important need. This need was to access or provide a place where the people they cared for could be treated as persons rather than patients or clients. Most of the existing services were utterly essential, but the constraints of their budgets resulting in a situation that was not totally satisfactory to the service user, nor to the dedicated and hardworking people providing the service.

A plan then developed to buy a property in which to house a charity devoted to the concept of "Recovery". The cost of the building which was pledged by Friederike Etessami, a trustee of the charity, the abilities, knowledge and skills of the carers together with the managerial arts necessary to make the plan a viable and successful project were needed in order to make the plan a reality. This was achieved during the year due to the support of many service users, local people, the business community and other support agencies.

Cool Recovery

Trustees Annual Report *(continued)*

Period from 24 June 2005 to 30 June 2006

Financial review

The charity has been awarded nearly £250,000 by the National Lottery and Devon Wooden Spoon to provide services in line with the charity's objects. The Big Lottery Fund Grant of £193,549, spread over three years, will help the charity run its operations at 17 Morgan Avenue, Torquay. The Wooden Spoon funding will help to extend services and facilities through the addition of an extension at the rear of the building. This will enable the charity to support younger people in South Devon. At present we are working with others to make services available within the building for Young Carers.

We have generated income from room rentals and donations and the café is covering its costs with the help of the income from the Big Lottery Fund as part of its set up.

The net movement in funds for the period was a surplus of £34,655. Of which £750 has been allocated to restricted funds.

Plans for future periods

Over the next year the trustees have proposed the following Cool Recovery Management Structure be adopted by its membership and have offered to support its development:

Management Structure.

The trustees have sought the following ways to ensure that the company is run and managed from the bottom up.

The proposal to its membership is as follows:

Specific groups would be formed of people having particular skills to offer. These groups could cover the main areas of work and responsibility. As an example a group dealing with "Information" would be responsible for:

- A) Public relations.
- B) Brochures, Flyers etc.
- C) Information about Cool Recovery.

Catering could be yet another area requiring to be managed by a group with responsibility for the Cafe etc.

The work would be affected by the group, according to the needs of the Board of Governors, within an agreed budget. The group leader would represent the group as a Governor on the Board of Governors.

Another group would be responsible for the upkeep of the building and would ensure that the structure, decor and grounds maintained their value and projected an image commensurate with Cool's aims and objectives.

When all areas of activity are represented by a group it will be easier to manage the House as a whole.

Board of Governors.

Each group to elect a leader who will "ipso facto" become a Governor on the Board of Governors. Care must be taken to ensure that at least one Governor is a Carer and at least one is a Service User.

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Trustees Annual Report *(continued)*

Period from 24 June 2005 to 30 June 2006

The Board of Governors will meet as necessary, but at an interval of no more than one calendar month. The meeting will be operated via a rotating chair; the next chair will be at the close of meeting.

The duty of the Board of Governors will be to run Cool Recovery in accord with a budget agreed by the board of Cool Recovery Ltd. and within its Vision and Strategy. Budgetary details will be made available at meeting as requested in advance by the Board of Governors.

The day to day running of this Charitable Company would be overseen by Martin Smith as the represent / executive head of a Board of Governors.

Cool Recovery Ltd.

The directors of Cool Recovery Ltd. will, as its trustees, ensure that all legal requirements of Company Law is adhered to and will also ensure that it meets the requirements of the Charities Commission. The directors will, from time to time, attend the meetings of the Governors Board. The directors will not directly influence the Governors Board so long as it stays within its remit.

End of Management Structure.

The trustees will also develop its reserves and funding policies.

This is to be read in conjunction with the published Cool Recovery Annual Report for 2006.

The Cool Recovery Annual General Meeting was advertised to take place at the head office address on Thursday 28th September 2006 at 5pm.

Responsibilities of the trustees

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with Companies Act 1985. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants

A resolution to re-appoint Bishop Fleming as accountants for the ensuing year will be proposed at the Annual General Meeting.

Cool Recovery

Trustees Annual Report *(continued)*

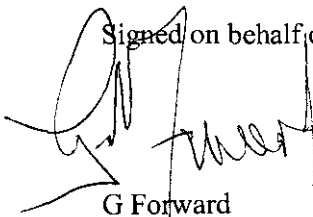
Period from 24 June 2005 to 30 June 2006

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

Registered office:
Cool House
17 Morgan Avenue
Torquay
Devon

28/9/06

Signed on behalf of the trustees

G Forward
Company Secretary

Cool Recovery

Accountants' Report on the unaudited Accounts to the Members of Cool Recovery

Period from 24 June 2005 to 30 June 2006

We report on the accounts for the period from 24 June 2005 to 30 June 2006 set out on pages 10 to 13.

Respective responsibilities of directors and reporting accountants

As described on page 8 the charity's directors (who also act as trustees for the charitable activities of Cool Recovery) are responsible for the preparation of the accounts, and they consider that the charity is exempt from an audit. It is our responsibility to carry out procedures designed to enable us to report our opinion.

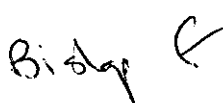
Basis of opinion

Our work was conducted in accordance with the Statement of Standards for Reporting Accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquiries of the officers of the charity as we considered necessary for the purposes of this report. These procedures provide only the assurance expressed in our opinion.

Opinion

In our opinion:

- (a) the accounts are in agreement with those accounting records kept by the charity under section 221 of the Companies Act 1985;
- (b) having regard only to, and on the basis of, the information contained in those accounting records:
 - (i) the accounts have been drawn up in a manner consistent with the accounting requirements specified in section 249C(6) of the Act; and
 - (ii) the charity satisfied the conditions for exemption from an audit of the accounts for the period specified in section 249A(4) of the Act as modified by section 249A(5) and did not, at any time within that period, fall within any of the categories of companies not entitled to the exemptions specified in section 249B(1)(a) to (f).


BISHOP FLEMING
Chartered Accountants
50 The Terrace
Torquay
Devon

Date: 2 October 2006

Cool Recovery

Statement of Financial Activities

Period from 24 June 2005 to 30 June 2006

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Period from 24 Jun 05 to 30 Jun 06 £
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	2	70,939	1,000	71,939
Activities for generating funds	3	47,184	—	47,184
Total incoming resources		118,123	1,000	119,123
Resources expended				
Costs of generating funds:				
Fundraising trading: cost of goods sold and other costs	4	(3,005)	—	(3,005)
Charitable activities	5/6	(81,213)	(250)	(81,463)
Total resources expended		(84,218)	(250)	(84,468)
Net incoming resources for the period/net income for the period	7	33,905	750	34,655
Reconciliation of funds				
Total funds brought forward		—	—	—
Total funds carried forward		33,905	750	34,655

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

Cool Recovery**Balance Sheet****30 June 2006**

	Note	£	30 Jun 06 £
Fixed assets			
Tangible assets	9		5,096
Current assets			
Debtors	10	3,848	
Cash at bank and in hand		25,900	
		<u>29,748</u>	
Creditors: Amounts falling due within one year	11	<u>(189)</u>	
Net current assets			29,559
Total assets less current liabilities			<u>34,655</u>
Funds			
Restricted income funds	12		750
Unrestricted income funds	13		33,905
Total funds			<u>34,655</u>

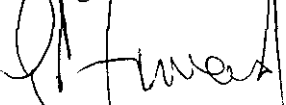
The trustees are satisfied that the charity is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of the financial statements for the period by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The trustees acknowledge their responsibilities for:

- (i) ensuring that the charity keeps proper accounting records which comply with section 221 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial period and of its profit or loss for the financial period in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

These financial statements have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

These financial statements were approved by the members of the committee on the 28/9/06 and are signed on their behalf by:



G Forward
Director

Cool Recovery

Notes to the Financial Statements

Period from 24 June 2005 to 30 June 2006

1. Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Companies Act 1985.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

Grants

Income from grants is included in incoming resources when these are receivable, except as follows:

- when donors specify that grants given to the charity must be used in future accounting periods, the income is deferred until those periods.
- when donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis. Certain expenditure is directly attributable to charitable activities and has been included in direct charitable expenditure.

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset over the useful economic life of that asset as follows:

Equipment	- 25% reducing balance
Fixtures & fittings	- 25% reducing balance

Cool Recovery

Notes to the Financial Statements

Period from 24 June 2005 to 30 June 2006

2. Voluntary income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2006 £	Total Funds 2005 £
Donations				
Donations	62,599	1,000	63,599	—
Rent in kind	8,340	—	8,340	—
	<u>70,939</u>	<u>1,000</u>	<u>71,939</u>	<u>—</u>

3. Incoming resources from activities for generating funds

	Unrestricted Funds £	Total Funds 2006 £	Total Funds 2005 £
Cafe Income	2,775	2,775	—
Fundraising events	174	174	—
Membership fees	684	684	—
Consultation and research	2,900	2,900	—
Advertising	55	55	—
Room letting	5,927	5,927	—
Grant funding	34,669	34,669	—
	<u>47,184</u>	<u>47,184</u>	<u>—</u>

4. Fundraising trading: Cost of goods sold and other costs

	Unrestricted Funds £	Total Funds 2006 £	Total Funds 2005 £
Cafe costs	2,275	2,275	—
Celebration and launch event costs	730	730	—
	<u>3,005</u>	<u>3,005</u>	<u>—</u>

5. Costs of charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2006 £	Total Funds 2005 £
Charitable activity	76,521	—	76,521	—
Support costs	4,692	250	4,942	—
	<u>81,213</u>	<u>250</u>	<u>81,463</u>	<u>—</u>

Cool Recovery

Notes to the Financial Statements

Period from 24 June 2005 to 30 June 2006

6. Costs of charitable activities by activity type

	Activities undertaken directly	Support costs	Total Funds 2006
	£	£	£
Charitable activity	<u>76,521</u>	<u>4,942</u>	<u>81,463</u>

7. Net incoming resources for the period

This is stated after charging:

	Period from 24 Jun 05 to 30 Jun 06
	£
Depreciation	<u>1,698</u>

8. Staff costs and emoluments

Total staff costs were as follows:

	Period from 24 Jun 05 to 30 Jun 06
	£
Wages and salaries	<u>55,053</u>
	<u>55,053</u>

Particulars of employees:

The average number of employees during the period, calculated on the basis of full-time equivalents, was as follows:

Period from 24 Jun 05 to 30 Jun 06
No
2

No employee received emoluments of more than £60,000 during the period (2005 - Nil).

Cool Recovery

Notes to the Financial Statements

Period from 24 June 2005 to 30 June 2006

9. Tangible fixed assets

	Equipment £	Fixtures & Fittings £	Total £
Cost			
Additions	3,348	3,446	6,794
At 30 June 2006	<u>3,348</u>	<u>3,446</u>	<u>6,794</u>
Depreciation			
Charge for the period	837	861	1,698
At 30 June 2006	<u>837</u>	<u>861</u>	<u>1,698</u>
Net book value			
At 30 June 2006	<u>2,511</u>	<u>2,585</u>	<u>5,096</u>

10. Debtors

	30 Jun 06
	£
Trade debtors	2,625
Prepayments	1,223
	<u>3,848</u>

11. Creditors: Amounts falling due within one year

	30 Jun 06
	£
Trade creditors	189

12. Restricted income funds

	Incoming resources £	Balance at 30 Jun 2006 £
RAIDS computer	<u>750</u>	<u>750</u>

Torbay DAAT provided Cool recovery with a grant to purchase a computer with software and a printer up to the value of £1000. It is a condition of the grant that the computer and accessories be considered as the property of Cool recovery but will be for the soul use of RAIDS.

The depreciation element of the asset will be allocated to the restricted fund.

Cool Recovery

Notes to the Financial Statements

Period from 24 June 2005 to 30 June 2006

13. Analysis of net assets between funds

	Tangible fixed assets £	Net current assets £	Total £
Restricted Income Funds:			
RAIDS computer	750	—	750
Unrestricted Income Funds	4,346	29,559	33,905
Total Funds	5,096	29,559	34,655

14. Related party transactions

The charity has a contractual relationship with a trustee of the charity, Friederike Etessami with regard to the building, 17 Morgan Avenue. This building is owned by Friederike Etessami and an annual rental amount of £1 is paid to her for the use of it. A market rate of £1,668 is included in the accounts, in accordance with the SORP 2005.