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# 288a

Please complete in typescript,  
or in bold black capitals.

CHFP025

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5475146

Company Name in full

The Sanctuary Spa Holdings Limited

Date of  
appointment

Day Month Year  
2 8 0 9 2 0 0 5

†Date of  
Birth

Day Month Year  
0 2 0 9 1 9 6 3

**Appointment  
form**

Appointment as director

☒

as secretary

☒

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes.

NAME

\*Style / Title

Mr

\*Honours etc

Notes on completion  
appear on reverse.

Forename(s)

Colin Raymond

Surname

Grimsdell

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address ††

Grayrigg, Mill Hill Lane, Winshall

†† Tick this box if the  
address shown is a  
service address for  
the beneficiary of a  
Confidentiality Order  
granted under the  
provisions of section  
723B of the  
Companies Act 1985

☐

Post town

Burton on Trent

Postcode

DE15 0BB

County / Region

Staffordshire

Country

England

†Nationality

British

†Business occupation

Company director

†Other directorships  
(additional space overleaf)

See attached list

I consent to act as \*\* director / ~~secretary~~ of the above named company

**Consent signature**

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

Date

28/9/2005

A director, secretary etc must sign the form below.

**Signed**

*Colin Raymond*

Date

28/9/05

(\*\* a director / secretary / administrator / administrator (receiver) / receiver / receiver (trustee) / receiver)

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be visible to searchers of the  
public record.

Lovells

Atlantic House, Holborn Viaduct, London, EC1A 2FG

C3/AJJ 1530848

DX number 57

Tel 020 7296 2000

DX exchange London Chancery Lane

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
or companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
or companies registered in Scotland DX 235 Edinburgh



A33  
COMPANIES HOUSE

598  
12/10/2005

Laserform International 6/02

**Company Number**

5475146

† Directors only.

†Other directorships

See attached list

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

Company Number: 5475146

**DIRECTORSHIPS OF COLIN RAYMOND GRIMSDALL**

**CURRENT**

Repton Business Solutions Limited

**RESIGNED**

Northampton Investment Company Limited (resigned 02/03/2001)

Slateplace Limited (resigned 02/03/2001)

Ward White Developments Limited (resigned 02/03/2001)

Keepissue Limited (resigned 02/03/2001)

Boots Development Properties Limited (resigned 12/10/2001)

Boots Properties Limited (resigned 12/10/2001)

Nurofen Limited (resigned 12/10/2001)

Underwoods (Cash Chemists) Limited (resigned 12/10/2001)

Underwoods Chemicals Limited (resigned 12/10/2001)

W.W. Management Limited (resigned 12/10/2001)

Whites Property Company Limited (resigned 12/10/2001)

Newcast Property Developments (One) Limited (resigned 03/09/2001)

Newcast Property Developments (Two) Limited (resigned 03/09/2001)

Southport Developments (One) Limited (resigned 03/09/2001)

Southport Developments (Two) Limited (resigned 03/09/2001)

Whetstone Developments (One) Limited (resigned 03/09/2001)

Whetstone Developments (Two) Limited (resigned 03/09/2001)

Fareham Developments (One) Limited (resigned 13/11/2002)

Fareham Developments (Two) Limited (resigned 13/11/2002)

A.B. Arnott Limited (resigned 19/04/2005)

Bootsphoto.com Limited (resigned 19/04/2005)

Canton & Riverside Centre Limited (resigned 19/04/2005)

Hammond and Hammond Limited (resigned 19/04/2005)

John Frost Limited (resigned 19/04/2005)

Metcalfe-Proud Limited (resigned 19/04/2005)

Miller and Santhouse Limited (resigned 19/04/2005)

Newpast Limited (resigned 19/04/2005)

Portland Ceramics Limited (resigned 19/04/2005)

Prouds Lane Pharmacy Limited (resigned 19/04/2005)

Seawade Limited (resigned 19/04/2005)

Boots the Chemists Limited (resigned 19/04/2005)

Boots SC (Five) Limited (resigned 19/04/2005)

Boots Stores Limited (resigned 19/04/2005)

Boots Opticians Limited (resigned 19/04/2005)

Boots Optical (Holdings) Limited (resigned 19/04/2005)

Boots Insurance Services Limited (resigned 19/04/2005)

Boots Health & Beauty Limited (resigned 19/04/2005)