REGISTERED NUMBER: 05363985 (England and Wales)

Unaudited financial statements for the year ended 30 March 2023

For

Inspired Wellbeing Ltd

Inspired Wellbeing Ltd (Registered number: 05363985)

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Inspired Wellbeing Ltd (Registered number: 05363985)

Balance sheet 30 March 2023

	30.3.23		30.3.22	2
FIXED ASSETS	£	£ 125,818	£	£ 127,424
CURRENT ASSETS	1,341		43,636	
CREDITORS Amounts falling due within one year NET CURRENT (LIABILITIES)/ASSETS TOTAL ASSETS LESS CURRENT LIABILITIES	_ (80,567)	<u>(79,226)</u> 46,592	(36,926)	6,710 134,134
CREDITORS Amounts falling due after more than one year NET ASSETS		12,019 34,573		64,354 69,780
CAPITAL AND RESERVES		34,573		69,780

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Inspired Wellbeing Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 05363985

Registered office: 85 Woodfield Drive

East Barnet Hertfordshire EN4 8PD

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2022 - NIL).

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Inspired Wellbeing Ltd (Registered number: 05363985)

Balance sheet - continued 30 March 2023

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 March 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 30 December 2023 and were signed on its behalf by:

Mrs C Williams - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.