

Unaudited financial statements  
for the year ended 30 March 2020

For

Inspired Wellbeing Ltd

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for the Year Ended 30 March 2020

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Balance Sheet

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Balance sheet  
30 March 2020

	30.3.20		30.3.19	
	£	£	£	£
<b>FIXED ASSETS</b>		121,702		121,936
<b>CURRENT ASSETS</b>	27,236		43,302	
<b>CREDITORS</b>				
Amounts falling due within one year	<u>(29,758)</u>		<u>(59,525)</u>	
<b>NET CURRENT LIABILITIES</b>		<u>(2,522)</u>		<u>(16,223)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		119,180		105,713
<b>CREDITORS</b>				
Amounts falling due after more than one year		<u>59,076</u>		<u>44,076</u>
<b>NET ASSETS</b>		<u>60,104</u>		<u>61,637</u>
<b>CAPITAL AND RESERVES</b>		<u>60,104</u>		<u>61,637</u>

**NOTES TO THE FINANCIAL STATEMENTS**

**1. STATUTORY INFORMATION**

Inspired Wellbeing Ltd is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 05363985

**Registered office:** 85 Woodfield Drive  
East Barnet  
Hertfordshire  
EN4 8PD

**2. AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the year was 2 (2019 - 2 ) .

**3. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to directors subsisted during the year ended 30 March 2020 and the period ended 30 March 2019:

	30.3.20	30.3.19
	£	£
<b>A Williams</b>		
Balance outstanding at start of year	-	-
Amounts advanced	9,316	-
Amounts repaid	-	-
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>9,316</u>	<u>-</u>

**NOTES TO THE FINANCIAL STATEMENTS**

**3. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES - continued**

**Mrs C Williams**

Balance outstanding at start of year	-	-
Amounts advanced	9,865	-
Amounts repaid	-	-
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>9,865</u>	<u>-</u>

As at the year end each director owed the company less than £10,000; these amounts were fully repaid within nine months of the year end

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 March 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 29 January 2021 and were signed on its behalf by:

Mrs C Williams - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.