

Unaudited financial statements

For the period

1 April 2018 to 30 March 2019

For

Inspired Wellbeing Ltd

Inspired Wellbeing Ltd (Registered number: 05363985)

Contents of the financial statements
for the Period 1 April 2018 to 30 March 2019

	Page
Balance Sheet	1

Balance sheet
30 March 2019

	30.3.19		31.3.18	
	£	£	£	£
FIXED ASSETS		121,936		122,247
CURRENT ASSETS	43,302		31,447	
CREDITORS				
Amounts falling due within one year	<u>(59,525)</u>		<u>(107,884)</u>	
NET CURRENT LIABILITIES		<u>(16,223)</u>		<u>(76,437)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		105,713		45,810
CREDITORS				
Amounts falling due after more than one year		<u>44,076</u>		<u>-</u>
NET ASSETS		<u>61,637</u>		<u>45,810</u>
CAPITAL AND RESERVES		<u>61,637</u>		<u>45,810</u>

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Inspired Wellbeing Ltd is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 05363985

Registered office: Cullips House
4 Nesbitts Alley
Barnet
Hertfordshire
EN5 5XG

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the period was 2 (2018 - 2) .

Balance sheet - continued
30 March 2019

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 March 2019.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 March 2019 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of
- (b) Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 28 May 2020 and were signed on its behalf by:

Mrs C Williams - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.