



Companies House

Public record

Please complete in typescript,  
or in bold black capitals.

CHWP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number 5351398

Company Name in full CAP ENERGY LIMITED

Date of appointment Day Month Year  
2 4 0 2 2 0 0 5

†Date of Birth Day Month Year

### Appointment form

Appointment as director ☐ as secretary ☒

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion  
appear on reverse.

NAME \*Style / Title MR \*Honours etc

Forename(s) DAVID IAN

Surname SHEPHARD

Previous Forename(s) Previous Surname(s)

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Randmoor Cottage, Roding Lane, Coppice Row,

Post town Theydon Bois Postcode CM16 7DS

County / Region Essex Country England

†Nationality British †Business occupation

†Other directorships (additional space overleaf)

Consent signature

I consent to act as \*\* director / secretary of the above named company

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

Signed

A director, secretary etc must sign the form below.

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record..



LD4 COMPANIES HOUSE

464 06/10/2005

mhlaw  
36 Great St Helens  
London EC3A 6AP Tel 020 7628 7757  
DX number DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh  
or LP - 4 Edinburgh 2

**Company Number**

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† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.