

OWENS HEALTH & FITNESS LIMITED

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

Philip T Jones & Partners Ltd
Heritage House
9B Houghton Street
Southport
Merseyside
PR9 0TE

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for the Year Ended 31 December 2016

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OWENS HEALTH & FITNESS LIMITED (BY SHARES)

COMPANY INFORMATION
for the Year Ended 31 December 2016

DIRECTORS:

D Black
K McGrail

REGISTERED OFFICE:

Heritage House
9B Hoghton Street
Southport
Merseyside
PR9 0TE

REGISTERED NUMBER:

05308795 (England and Wales)

ACCOUNTANTS:

Philip T Jones & Partners Ltd
Heritage House
9B Hoghton Street
Southport
Merseyside
PR9 0TE

OWENS HEALTH & FITNESS LIMITED (BY SHARES) (REGISTERED NUMBER: 05308795)

BALANCE SHEET
31 December 2016

	31/12/16 £	£	31/12/15 £	£
FIXED ASSETS		108,714		111,581
CURRENT ASSETS	16,008		44,657	
CREDITORS				
Amounts falling due within one year	<u>(5,784)</u>		<u>(5,816)</u>	
NET CURRENT ASSETS		<u>10,224</u>		<u>38,841</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		118,938		150,422
CREDITORS				
Amounts falling due after more than one year		<u>237,914</u>		<u>233,419</u>
NET LIABILITIES		<u>(118,976)</u>		<u>(82,997)</u>
CAPITAL AND RESERVES		<u>(118,976)</u>		<u>(82,997)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 22 December 2017 and were signed on its behalf by:

K McGrail - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.