

Please complete in typescript,  
or in bold black capitals

CHFP036

# 288c

## CHANGE OF PARTICULARS for director or secretary (NOT for appointment (use Form 288a) or resignation (use Form 288b))

Company Number

05308795

Company Name in full

OWENS HEALTH & FITNESS LIMITED

**Changes of  
particulars  
form**

Complete in all cases

Date of change of particulars

Day		Month		Year		
2	1	0	2	2	0	7

Name

\*Style / Title

\*Honours etc

Forename(s)

DAVID PHILIP

Surname

BLACK

†Date of Birth

Day		Month		Year		
1	4	0	3	1	9	4

Change of name (enter new name) Forename(s)

Surname

Change of usual residential address

(enter new address)

23 OVERTON ROAD

Post town

CHELTENHAM

County / Region

GLOUCESTERSHIRE

Postcode

GL50 3BL

Country

ENGLAND

Other change

(please specify)

A serving director, secretary etc must sign the form below.

Signed

*[Signature]*

Date

22/3/07.

\* Voluntary details

† Directors only

\*\*Delete as appropriate

\*\* director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and if available  
a DX number and Exchange of the  
person Companies House should  
contact if there is a change

HAZLEWOODS LLP

STAVERTON COURT, STAVERTON, CHELTENHAM, GLOS

GL51 0UX

Tel 01242 680000

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF4 3UZ

DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



\*AESRPODX\*

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02/04/2007

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COMPANIES HOUSE