

**Registered Number 05238422**

**LIFESPACE COUNSELLING LTD**

**Abbreviated Accounts**

**30 September 2013**

## Abbreviated Balance Sheet as at 30 September 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		£	£
<b>Fixed assets</b>			
Tangible assets	2	-	237
		<u>-</u>	<u>237</u>
<b>Current assets</b>			
Debtors		2,227	1,951
Cash at bank and in hand		2,189	4,066
		<u>4,416</u>	<u>6,017</u>
<b>Creditors: amounts falling due within one year</b>		<u>(2,579)</u>	<u>(5,478)</u>
<b>Net current assets (liabilities)</b>		<u>1,837</u>	<u>539</u>
<b>Total assets less current liabilities</b>		<u>1,837</u>	<u>776</u>
<b>Total net assets (liabilities)</b>		<u>1,837</u>	<u>776</u>
<b>Capital and reserves</b>			
Called up share capital		2	2
Profit and loss account		1,835	774
<b>Shareholders' funds</b>		<u>1,837</u>	<u>776</u>

- For the year ending 30 September 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 9 May 2014

And signed on their behalf by:

**D Abbott, Director**

## Notes to the Abbreviated Accounts for the period ended 30 September 2013

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents the value, net of discounts, of goods provided to customers and work carried out in respect of services provided to customers

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 October 2012	3,293
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 September 2013	<u>3,293</u>
<b>Depreciation</b>	
At 1 October 2012	3,056
Charge for the year	237
On disposals	-
At 30 September 2013	<u>3,293</u>
<b>Net book values</b>	
At 30 September 2013	<u>0</u>
At 30 September 2012	<u>237</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.