

Please complete in typescript, or in bold black capitals.
CHFP000

## 288a

DX 33050 Cardiff

DX 235 Edinburgh

# APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

|  | 5184344                            |   |  |              |  |                |                |                |                              |         |                              |
|--|------------------------------------|---|--|--------------|--|----------------|----------------|----------------|------------------------------|---------|------------------------------|
| Company Name in full   |                                    |   | IHC INTER NATIONAL ME  |              |  |                |                | éalt caré      |                              |         |                              |
|  | CONSULTING LIMITED                 |   |  |              |  |                |                |                |                              |         |                              |
|  |                                    |   | Day Month Year   |              |  |                |                | Day Month Year |                              |         |                              |
|  |                                    | Date of<br>appointment                    | 200  | 2010         | 014  | †Da<br>Bir     | ate of [<br>th | 11             | 017                          | 1       | 91414                        |
| form   | Appointment as director            |   |  | as se        | cretary                                      |                |                |                | appropriate<br>I secretary m |         | appointment is<br>oth boxes. |
|  | NAME                               | *Style / Title                            | Mk *Honours etc  |              |  |                |                |                |                              |         |                              |
|  |                                    | Forename(s)                               | MICH   | <u> 6</u>    |  |                |                |                |                              |         |                              |
|  |                                    | Surname                                   | RETHORET   |              |  |                |                |                |                              |         |                              |
|  |                                    | Previous<br>Forename(s)                   |  |              |  | Pre<br>Surna   | vious<br>me(s) |                |                              |         |                              |
| <sup>††</sup> Tick this box if the<br>address shown is a<br>service address for  | # Us                               | sual residential<br>address               | 56 (   | - RAND       | Ru   | ٤              |                |                |                              |         |                              |
| the beneficiary of a<br>Confidentiality Order<br>granted under the<br>provisions of section<br>723B of the<br>Companies Act 1985 |                                    | Post town                                 | 1180 ROLLE. Postcode   |              |  |                |                |                |                              |         |                              |
|  | C                                  | County / Region                           |  |              |  |                | Cour           | ntry           | Swr                          | TLE     | RLAND                        |
|  |                                    | <sup>†</sup> Nationality                  | FRÊNC  | 1            | †Busi  | ness o         | occupatio      | n Fi           | NA NC                        | AL (    | ONIUTAL                      |
| †Other directorships (additional space overleaf)   |                                    |   | SEE ATTACKED   |              |  |                |                |                |                              |         |                              |
|  |                                    |   | I consent to act as ** director / secretary of the above named company                       |              |  |                |                |                |                              |         |                              |
| * Voluntary details.   | ent signature                      |   | e  |              | <u>.                                    </u> | Dat            | e 2            | 0 7            | 10                           | 4       |                              |
| † Directors only **Delete as appropriate   |                                    |   | A director, secretary etc must sign the form below.  |              |  |                |                |                |                              |         |                              |
|  | Signed                             |   | Signing fo   | r and on bet | nalf   |                | Dat            | لري ا          | 0/7                          | - /     | )4                           |
| You do not have to give any contact information in the box opposite but if you   |                                    |   | (**a directory/1997  | EGW/SECHE    | TARIES IN                                    | <u>athanta</u> | eceiver        | / receive      | er manager.                  | / recei | ver)                         |
| do, it will help C   | LEGAL & COMPANY SERVICES           |   |  |              |  |                |                |                |                              |         |                              |
| contact you if the form. The contact   | 6-8 UNDERWOOD STREET LONDON NT 7JQ |   |  |              |  |                |                |                |                              |         |                              |
| give will be visible   |                                    | Tel TEL: 020 7250 3350 FAX: 020 7608 0867 |  |              |  |                |                |                |                              |         |                              |
| public record  |                                    |   | DX number DX exchange  |              |  |                |                |                | · · ·                        |         |                              |
| ge ge  |                                    |   | When you have completed and signed the form please send it to the Registrar of Companies at: |              |  |                |                |                |                              |         |                              |

Companies House, Crown Way, Cardiff, CF14 3UZ

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in England and Wales

for companies registered in Scotland

0454

28/07/04

COMPANIES HOUSE

Form April 2002

|                   | Company Number       |  |
|-------------------|----------------------|--|
| † Directors only. | †Other directorships |  |
|                   |                      |  |
|                   |                      |  |
|                   |                      |  |
|                   |                      |  |

#### **NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

#### Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

### **UK directorships for Michel Réthoret**:

Action Oil Ltd

Brains International Ltd

Bucephale Partners Holdings Ltd

Carnstead Ltd

Equinvest Management LLP

Ernax Investment Ltd

Industrial Equipment Co, Ltd

Interwest Consulting and Holdings Management Ltd

Qualia Network Internation! Ltd

Lyandry Ltd

Murton Services Ltd

Trimark London Ltd