



Companies House

for the record

Please complete in typescript,  
or in bold black capitals.

CHFP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5184344

Company Name in full

IHC INTERNATIONAL HEALTHCARE  
CONSULTING LIMITED

Date of  
appointment

Day Month Year  
2 0 7 20 0 4

†Date of  
Birth

Day Month Year

2 2 0 6 1 9 4 5

**Appointment form** Appointment as director ☒ as secretary ☐

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

Notes on completion  
appear on reverse.

NAME \*Style / Title

Mrs

\*Honours etc

Forename(s)

ARLETTE

Surname

RACINE

Previous  
Forename(s)

Previous  
Surname(s)

†† Tick this box if the  
address shown is a  
service address for  
the beneficiary of a  
Confidentiality Order  
granted under the  
provisions of section  
723B of the  
Companies Act 1985

†† Usual residential  
address

Post town

3 CHEMIN DE LA SCIE

1341 L'ORIENT

Postcode

County / Region

Country

SWITZERLAND

†Nationality

Swiss

†Business occupation

COMPANY SECRETARY

†Other directorships  
(additional space overleaf)

SEE ATTACHED

Consent signature

Arlette Racine

Date

20 / 7 / 04

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

D. Davies

Date

20 / 7 / 04

Signing for and on behalf

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be visible to searchers of the  
public record..



LD2  
COMPANIES HOUSE

0453  
28/07/04

Form April 2002

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

**UK directorships for Arlette Racine:**

Action Oil Ltd

Brains International Ltd

Carnstead Ltd

Ernax Investment Ltd

Industrial Equipment Co. Ltd

Lyandry Ltd

Murton Services Ltd

Trimark London Ltd

Vigitech Ltd