

Please complete in typescript, or in bold black capitals.
CHFP000

Company Number

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

5169727

Company Name in full

INSIGHT NEWS TELEVISION TRAINING LIMITED

			Day	Month	Year	
Date of termination of appointment			012	07	2004	
		as director			as secretary	Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.
	NAME	*Style / Title				*Honours etc
Please insert details as previously notified to Companies Hous		Forename(s)	RM 1	REGISTE	ARS LIMITE	D. D. C.
		Surname				,
	e.		Day	Month	Year .	
		[†] Date of Birth				

A serving director, secretary etc must sign the form below.

Signed

* Voluntary details.

† Directors only.

** Delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



COMPANIES HOUSE 22/07/04

Form revised 1999

RM COMPANY SERVICES LIMITED

81 CITY ROAD, LONDON, EC1Y 1BL

Tel: 020-7865 0011

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

DX number 36605

AUTHORISED SIGNATORY

DX exchange FINSBURY

When you have completed and signed the form please send it to the Registrar of Companies at:

Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh