



Companies House

— for the record —

Please complete in typescript,
or in bold black capitals.

CHFP000

288b

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

5169727

Company Name in full

INSIGHT NEWS TELEVISION TRAINING LIMITED

Date of termination of appointment

Day Month Year

02 07 2004

as director

X

as secretary

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes.

NAME

*Style / Title

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

RM NOMINEES LIMITED

Surname

Day Month Year

†Date of Birth

A serving director, secretary etc must sign the form below.

Signed

AUTHORISED SIGNATORY
FOR
RM NOMINEES LIMITED

Date

02-07-2004

* Voluntary details.

† Directors only.

** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

RM COMPANY SERVICES LIMITED

81 CITY ROAD, LONDON EC1Y 1BL

Tel: 020-7865 0011

DX number 36605

DX exchange FINSBURY

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



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COMPANIES HOUSE

0510
22/07/04

Form revised 1999