

Terminating appointment as director or

secretary

Please complete in typescript, or in bold black capitals.

CHFP010

Company Number

Company Name in full

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

5156297

FOODCARE+ RECRUITMENT LIMITED

C/N footcare + Recruitment him, ted

| | | Day | Month | Year | | | | | | |
|--|-----------------|--|-------|-------|----------------|------------|--|-------|--|--|
| Date of termination of appointment as director | | 0 4 | 1 0 | 2 0 0 | 4 | | | | | |
| | | as secretary X Please mark the appropriate be appointment as a director and boxes. | | | | | | • | | |
| NAME | * Style / Title | | | | _ <u> </u> * H | onours etc | | | | |
| Please insert details as previously notified to Companies House. | Forename(s) | | | | | | | | | |
| | Surname | FISHER SECRETARIES LIMITED (formerly Lanson (London) Limit | | | | | | nuted | | |
| | | Day | Month | Year | | ¥ | | | | |
| | † Date of Birth | l 1 | | 1 1 1 | | | | | | |

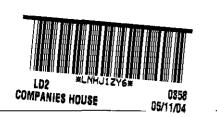
Signed

* Voluntary details.

† Directors only.

** Delete as appropriate.

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



| | NE ON BEHALFOR BATE DIRECTOR) I | v etc must sign | the form below. |
|---|------------------------------------|-----------------|-----------------|
| (| > | ALIVIA LEGIZ | |

y Authorised Signatory

Date

4/16/04

(** serving director/secretary/administrator/administrative receiver/receiver manager/receiver)

Company Secretarial Department, H W Fisher & Co., Acre House, 11/15 William Road, London, NW1 3ER Tel RS

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

DX number

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland

DX 235 Edinburgh