Registration number 05124839

Natures Flow Limited

Abbreviated accounts

for the year ended 31 May 2014

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Abbreviated balance sheet as at 31 May 2014

	2014		4	2013	
	Notes	£	£	£	£
Current assets					
Debtors		9,090		7,329	
Cash at bank and in hand		3,502		5,659	
		12,592		12,988	
Creditors: amounts falling due within one year		(12,413)		(12,863)	
Net current assets			179		125
Total assets less current liabilities			179		125
Net assets			179		125
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			79		25
Shareholders' funds			179		125
					

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet

Abbreviated balance sheet (continued)

Director's statements required by Sections 475(2) and (3) for the year ended 31 May 2014

For the year ended 31 May 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

Director's responsibilities.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476, and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

These accounts were approved by the directors on 16 February 2015, and are signed on their behalf by

Mr Barry Young

Director

Registration number 05124839

Notes to the abbreviated financial statements for the year ended 31 May 2014

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and comply with financial reporting standards of the Accounting Standards Board

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

1.3. Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term

2.	Fixed assets			Tangible fixed assets £
	Cost			
	At 1 June 2013			1,297
	At 31 May 2014			1,297
	Depreciation			
	At 1 June 2013			1,297
	At 31 May 2014			1,297
3.	Share capital Allotted, called up and fully paid 100 Ordinary shares of £1 each		2014 £	2013 £
	Equity Shares			
	100 Ordinary shares of £1 each		100	100
	·			1000
4.	Transactions with directors			
	Mr Barry Young	3,311	2,653	