

Registered Number 05124839

NATURES FLOW LIMITED

Abbreviated Accounts

31 May 2016

Abbreviated Balance Sheet as at 31 May 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	1,022	651
		<u>1,022</u>	<u>651</u>
Current assets			
Debtors		8,421	10,616
Cash at bank and in hand		1,794	4,638
		<u>10,215</u>	<u>15,254</u>
Creditors: amounts falling due within one year		(9,163)	(15,701)
Net current assets (liabilities)		<u>1,052</u>	<u>(447)</u>
Total assets less current liabilities		<u>2,074</u>	<u>204</u>
Total net assets (liabilities)		<u>2,074</u>	<u>204</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		1,974	104
Shareholders' funds		<u>2,074</u>	<u>204</u>

- For the year ending 31 May 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 12 August 2016

And signed on their behalf by:

B Young, Director

Notes to the Abbreviated Accounts for the period ended 31 May 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 June 2015	2,165
Additions	1,362
Disposals	-
Revaluations	-
Transfers	-
At 31 May 2016	<u>3,527</u>
Depreciation	
At 1 June 2015	1,514
Charge for the year	991
On disposals	-
At 31 May 2016	<u>2,505</u>
Net book values	
At 31 May 2016	<u>1,022</u>
At 31 May 2015	<u>651</u>

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