

**Registration number 05124839**

**Natures Flow Limited**  
**Abbreviated accounts**  
**for the year ended 31 May 2015**

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COMPANIES HOUSE

**Natures Flow Limited**

**Abbreviated balance sheet  
as at 31 May 2015**

		2015		2014	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	2		651		-
<b>Current assets</b>					
Debtors		10,616		9,090	
Cash at bank and in hand		4,638		3,502	
		<u>15,254</u>		<u>12,592</u>	
<b>Creditors: amounts falling due within one year</b>		<u>(15,701)</u>		<u>(12,413)</u>	
<b>Net current (liabilities)/assets</b>			<u>(447)</u>		<u>179</u>
<b>Total assets less current liabilities</b>			204		179
<b>Net assets</b>			<u>204</u>		<u>179</u>
<b>Capital and reserves</b>					
Called up share capital	3		100		100
Profit and loss account			104		79
<b>Shareholders' funds</b>			<u>204</u>		<u>179</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

**The notes on pages 3 to 4 form an integral part of these financial statements.**

**Natures Flow Limited**

**Abbreviated balance sheet (continued)**

**Director's statements required by Sections 475(2) and (3)  
for the year ended 31 May 2015**

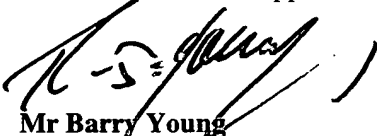
For the year ended 31 May 2015 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies .

These accounts were approved by the directors on 17 February 2016, and are signed on their behalf by:



Mr Barry Young  
Director

**Registration number 05124839**

**The notes on pages 3 to 4 form an integral part of these financial statements.**

## Natures Flow Limited

### Notes to the abbreviated financial statements for the year ended 31 May 2015

#### 1. Accounting policies

##### 1.1. Accounting convention

The accounts are prepared under the historical cost convention and comply with financial reporting standards of the Accounting Standards Board.

##### 1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

##### 1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings  
and equipment                      -     25% straight line

##### 1.4. Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

#### 2. Fixed assets

##### Tangible fixed assets £

##### Cost

At 1 June 2014 1,297

Additions 868

At 31 May 2015 2,165

##### Depreciation

At 1 June 2014 1,297

Charge for year 217

At 31 May 2015 1,514

##### Net book values

At 31 May 2015 651

**Natures Flow Limited**

**Notes to the abbreviated financial statements  
for the year ended 31 May 2015**

..... continued

**3. Share capital**

	<b>2015</b>	<b>2014</b>
	<b>£</b>	<b>£</b>
<b>Allotted, called up and fully paid</b>		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
<b>Equity Shares</b>		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>

**4. Transactions with directors**

**Advances to directors**

The following directors had interest free loans during the year:

	<b>Amount owing</b>	
	<b>2015</b>	<b>2014</b>
	<b>£</b>	<b>£</b>
Mr Barry Young	<u>1,745</u>	<u>3,311</u>

# **Natures Flow Limited**

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